



Farewell Mrs. Wilkie Celebrating Decades of Commitment

By: Shaan Graham and Elle Djogovic

After 43 years as an educator and 25 years as a principal, Mrs. Judy Wilkie has decided to step away from her career in education to pursue personal passions and enjoy her retirement. Not long ago two Earl Buxton students had the opportunity to sit down with Mrs. Wilkie to discuss her career and her plans moving forward.

Interviewer: Shaan Graham

Q: How did you first get into education?

A: I first began working with children at the YMCA when I was about twelve. I enjoyed this work so much that I later began to study and work in education.

Q: What unfinished goals did you wish to complete before your retirement?

A: I planned to revamp and improve the gifted and talented program at Edmonton Public School Board. Alas, I ran out of time.

Q: What will you miss in your retirement?

A: Of course I will miss the people and school “family”, but mostly the kid hugs.

Q: What do you plan to do in your retirement?

A: At first, I plan to fully retire and rest for some time. Then, I plan to find opportunities for smaller projects and work. For example, I would love to get involved with a program that trains service dogs to assist children with developmental disabilities.

Q: What advice might you give to an aspiring educator?

A: My advice would be to make sure that this is your “calling,” that you have a passion, and truly want to pursue this career. Also, I would recommend being fluent in a second language, as it will make you stand out when you apply for a job. Begin volunteering at a young age to familiarize yourself with the field. Lastly, play an instrument!

Q: What challenges have you encountered in your education career?

A: You may be surprised to hear that problems aren’t always directly due to the kids. Sometimes the largest challenges come from “tractor parents” who can be tough to reason with.

Interviewer: Elle Djogovic

Q: What do you hope for in the future of education?

A: In the future, Mrs. Judy Wilkie hopes to see the Provincial Government of Alberta recognize the challenges and obstacles concerning the mental health status of students. In 2011, a survey among Ontario students in grades 7-12 was conducted, and data proves that 34% had some form of depression, anxiety, or serious social trials. Many Gifted and Talented students suffer from these disorders, and Mrs. Wilkie says that hopefully children diagnosed

with them will receive more constructive, immediate, and practical assistance. To accomplish this, the Special Education Services (G&T, IPP, ISP, Social Participation, Medical Conditions, Learning Disabilities, etc.) will need greater funding.

Q: What is the greatest obstacle you have had to overcome in this position?

A: The greatest obstacle of being an education instructor is getting the support you know that a certain student(s) needs. Sometimes an educator will know exactly what a pupil may need, but the source cannot supply them fast enough or efficiently.

Q: Are there any goals concerning your career as principal that you have yet to fulfill?

A: Mrs. Wilkie would still like to revamp the Fine Arts and the G&T programs, and update the curriculum to modern understanding. Currently, some tests in the Edmonton Public Schools District still use images and prompts from over 25 years ago. She says that she saw a test that is still in effect for first graders in which the picture prompt is a rotary dial telephone; many young students are unsure of what the machine is, as they are more familiar with modern devices such as iPhones, Samsungs, etc. The Fine Arts Program also has a very low number of qualified teachers who studied either musical theory, early childhood music learning, and/or choral conducting and received a bachelor’s degree. So, it is very hard to find someone to fill elementary music positions.

Q: What plans do you have for your retirement?

A: Mrs. Judy Wilkie plans to retire for much of her time, doing her hobbies and having no assigned schedule. However, she also wants to volunteer part-time in the community. She plans to help children recovering from trauma by reading to them, and bringing her dogs as comfort animals. Children suffering from PTSD and other like disorders have proven that emotional support animals, - such as dogs - calm them by helping to increase their level of the oxytocin chemical. Release of oxytocin assists with slowing heart rate, lowering high blood pressure, and prevents the deliverance of stress hormones.

Q: What will you miss the most about being the principal of Earl Buxton Elementary School?

A: Mrs. Wilkie said that she will miss the students of Earl Buxton, the staff, and the hugs of children when she leaves the school. She has worked at EB for over ten years, and so when she retires it will be an emotional parting for the school.

Thank you Mrs. Wilkie! Your lifelong commitment to supporting students and families has left an indelible mark on the Riverbend Terwilegar community.

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We're always looking for volunteers to help us deliver copies of *The Ragg-Times* to schools, businesses, and retirement homes. If you can deliver *The Ragg-Times* seven times a year, we'd love to hear from you!

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**** Ads Printed as Submitted ****

Brander Community Garden We Welcome Your Waste

By: Margo Fiddes and Natasha Martin

Composting is in the news! Upcoming changes to waste collection and separation may mean that you've already been thinking about the 'fate' of your organic waste. With the closure of Edmonton's Composting Facility maybe now is the time to 'give it a go' yourself.

Are you unable to compost your kitchen scraps? Not enough room for your own compost pile or bin? Grossed out by the thought of red wigglers in your kitchen? Ummmmm, what the heck is compost anyways!? Well, read on!

In its most simple terms, compost is decomposed (rotted) organic matter. Organic matter is anything that was once a living thing or produced by something living. Things like fruits, vegetables, paper products that have no plastics or foil components, leaves, sawdust, eggshells, etc. are all examples of organic matter. And they are all compostable! However, there are a few things that were once living but should not be composted. Dairy, meat, oils, pet waste, weeds and diseased plants are a few examples.

The process of taking organic matter and turning into compost is called composting. We at the Brander Community Garden are avid composters! Compost is a valuable resource for gardeners. It enriches the soil, allowing the soil to hold more nutrients and water. It's a natural alternative to chemical fertilizers. We also like that it takes what would otherwise be waste and transforms it into something useful. Plus, it's free if you make your own from stuff you were going to throw out anyways!

Not everyone is keen on the idea of a compost heap in their own backyard. It does attract some critters and has a bit of a learning curve. There's a "formula" that produces nice compost, involving a mix of browns, greens, water, and aeration. It also takes time - usually a minimum of 3 months to have enough decomposition to create a rich, brown compost that is ready to mix into the garden. Given our short gardening season in Edmonton, many composters will compost inside, year-round using red wiggler worms in a plastic bin.

If you're looking to reduce your household waste output, but don't want to compost on your own (red wigglers in your kitchen - no way!), why not drop off your kitchen scraps to add to our compost heap? You can visit us any Saturday morning during our peak growing season (May - early September). Our community garden is in the old batting cage beside the tennis courts at

14710 - 53 Avenue between Riverbend Junior High and St Monica School. We invite you to stay for a cup of coffee and learn a little bit more about how we create compost for use in our garden.

Look us up on Facebook by searching "Brander Community Garden". We can be reached by email at brandercommunitygarden@gmail.com. Our main gardening site is in the heart of old Riverbend, right next to the Riverbend Junior High School (in the old batting cages), where we meet on Saturday mornings around 11:00 am.

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Local Resident: Tammy Irwin

Receives Governor General Sovereign's Medal for Volunteers

By: Donna Lemieux

The Sovereign's Medal for Volunteers was presented to Tammy Irwin at the Centre for Family Literacy's Annual General Meeting on May 14, 2019.

The Sovereign's Medal for volunteers recognizes the exceptional volunteer achievements of Canadians from across the country in a wide range of fields and pays tribute to the dedication and commitment of volunteers.

Tammy Irwin began actively volunteering at age 20. For the past 25 years, Tammy has volunteered with the Centre for Family Literacy as an Adult Literacy Tutor and an ESL Class Facilitator. She has taught over 150 adult learners in local libraries, community centres, and churches.

She has supported refugees who have faced war, violence and family losses, and equipped newcomers who face the challenges of a new country, culture and language. Tammy's students have been from India, Pakistan, Somalia, China, Hong Kong, Sudan, South Korea, Brazil, Mexico, Ukraine, Japan, Uganda, St. Lucia, Norway, El Salvador and yes, Canada too!

As a Centre volunteer, Tammy has provided free ESL classes to not only help newcomers improve their conversational English skills but also to empower them with invaluable information about Canadian culture and local events. After spending some months in Tammy's class, one student said, "I always used to want to go back to my home country but now I feel Canada is my home."

In addition to her work with the Centre, Tammy has been a volunteer with the Canadian Federation of University Women since 1958, taking on leadership roles with the organization and became the National President in 1988. She has been an active volunteer with the United Church and helped establish the Social Justice Committee and is a key member of



Moving Forward With Reconciliation. Tammy volunteered at the Grandview Extended Care facility. Add to that her work with Habitat for Humanity and Rundle's Mission Retreat Centre and you get a sense of Tammy's incredible commitment to her community.

Over the past 60 years, Tammy has literally impacted thousands of lives in Alberta and across Canada. From patiently teaching a refugee how to write her own name to lobbying politicians for policy reform, Tammy has dedicated incalculable hours to improving the lives of others.

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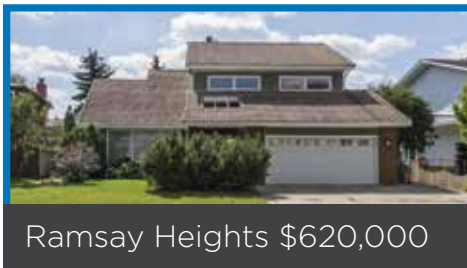
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Register Your Lemonade Stand and Pour Some Lemon Love into the Community

Lemonade Stand Day - August 25th

By: Catherine Bangel

The only thing as sweet as giving back to your community, might just be a glass of cold lemonade.

That was the idea behind the Simply Supper Helps Lemonade Stand Day now in its 6th year. When Monita Chapman, owner of Simply Supper and founder of Simply Supper Helps Lemonade Stand Day, conceived of the idea, little did she know just how sweet her charity event would become.

“I’m still in shock. I can’t believe the response, the hard-work of the kids and their families and the sponsors who come back year after year to support us. The amount of money this little charity has raised for the Stollery was beyond what I ever imagined,” says Chapman.

In the past five years, Simply Supper Helps Lemonade Stand Day has raised \$425,000 dollars for local charities with thousands of kids manning stands stretching from Fort McMurray to Calgary. Over the last few years the Stollery Children’s Hospital Foundation has benefitted immensely from the event.

This year, Simply Supper Helps hopes to scatter over 500 lemonade stands all over Northern Alberta in support of Stollery Children’s Hospital Foundation. This year’s funds will help purchase Giraffe CareStation Omnibeds for the Stollery NICUs at the Royal Alexandra Hospital site and the new NICU at the Sturgeon Community Hospital.

These beds provide a warm and safe environment for Northern Alberta’s smallest babies to continue to develop. The beds provide easy access for both doctors and parents to be able to interact with their preterm infants. The goal this year for Simply Supper Helps is to purchase five Giraffe CareStation Omnibeds at \$58,000 each.

Karen Berry and her family have participated in Lemonade Stand Day year after year. This year’s charitable goal means so much to them. When their daughter Hazel was born at 24 weeks gestation she weighed just 1 pound 11 ounces. She spent 107 days in the NICU at both the Stollery and the Royal Alexandra Hospital. Hazel was on a ventilator for the first two months of her life. She had countless blood transfusions and a PDA heart ligation surgery among others. She gave her parents countless scares over her time in the NICU.

“The Stollery and their staff were amazing. They took such great care of our daughter and gave her the best in medical care. They also took amazing care of us as her parents. They truly were the angels that gave us our beautiful little girl.”

Having been at the Royal Alexandra Hospital NICU, the Barry family is so excited to be give back to both hospitals that helped save their daughter’s life.

For Monita Chapman, that’s what it’s all about.

“I’m proud of the kids, my junior lemon squeezer committee, my entire team, the Stollery and this province for taking the time out to visit a stand

or two and to give back to a hospital that has been there for so many Alberta families at their greatest time of need,” says Chapman.

“The Stollery saved her life. It saved our lives. We are so blessed and thankful that we have such an incredible facility this close to us,” says Karen Berry.

Lemonade Stand Day registration opens Friday, June 7th.

Just head to lemonadeday.ca to register a stand and help us give back to the Stollery Children’s Hospital Foundation.

ABOUT

The Simply Supper Helps Lemonade Stand Day is a fun program that gives kids the opportunity to run a business, learn about entrepreneurship, philanthropy, marketing and customer service at a young age.

Simply Supper provides all lemonade ingredients, cups, signage, t-shirts and training for kids in Edmonton to run their stands. In return, the kids give back with all proceeds going to the Stollery Children’s Hospital Foundation.



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By: Mark Hillenbrand

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Riverbend Junior High's Stollery Night

Kids Helping Kids

By: Hannah R. Pohl



To celebrate The Stollery Children's Hospital and everything it has provided for our families, we at Riverbend Junior High had the privilege of hosting our Stollery Night Gala on May 31, 2019. It was a night of fine dining, dancing, live musical entertainment, and much more. We are thrilled to announce that with the help of the community, our silent auction, live auction, and 50/50 draw raised \$22,000, greatly exceeding our \$10,000 goal.

During the evening of our Gala, Riverbend's leadership team and volunteers worked to ensure guest enjoyed a remarkable night, knowing that the proceeds would go to a place that has dedicated its time to helping many of our families. The Stollery attends to the needs of children while they are undergoing treatment. This allows families the support they need and encourages kids to be kids again.

Riverbend would like to thank artist Giselle Denis, whom we had the pleasure of featuring at our Gala. Denis' heartfelt passion combined with her ambition to inspire hope are at the root of why her paintings speak to so many people.

Additionally, we would like to express our gratitude towards independent musician Martin Kerr, who was spotlighted at our Gala. Kerr's storytelling and desire to connect with people draw genuine emotion from so much of his audience – which set the tone for the evening.

As the main sponsor of our Gala, Riverbend would like to thank TELSCO. To reinforce the notion of Kids Helping Kids, TELSCO offered Riverbend a hand by being one of our first and most exuberant supporters. TELSCO epitomizes the wellbeing, safety, and security of homes – just as The Stollery Children's Hospital promotes the wellbeing, safety, and security of families.

Lastly, we would like to extend our thanks to the community, all the students, and every other sponsor as well as donors of silent auction items. Your generosity made this night possible.



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Does Your Home have Egress Windows?

Read About the Requirements

By: Marius Walczak

Whether you're building a new house or renovating an old one, finishing a basement suite for aging parents or expanding it for children who have grown old enough to need more space, it is essential to remember the need for windows that can be used as an alternative exit in case of emergency, particularly if other routes are blocked. Government regulations such as the Alberta Building Code require that each bedroom and habitable basement have windows that provide an exit route from the house. The only two exceptions to this rule are if a bedroom has a door that leads directly outside or if a sprinkler system has been installed, otherwise egress windows are essential.

Because the purpose of the egress window is to provide a safe passage out of the house, it needs to meet several requirements: first, it must be large enough to allow an adult to fit through it; second, it must be located at an accessible height (no higher than 1.5 metres above the floor); and third, one must be able to open it easily from inside the house, without needing any tools. In the case of a habitable basement or a basement suite, these requirements may be complicated by the depth of the basement itself, and may necessitate the addition of a ladder to allow for safe egress. Of course adding a window large enough to perform its emergency exit function has the added benefit of allowing more daylight into what is typically a darker space.

Spring and summer are the perfect time for adding improvements to your home, but before you do, it is best to ensure that whatever changes you are planning meet the latest municipal and provincial regulations. Before you begin your renovations, please check out the latest regulations in the Alberta Building Code (Alberta Building Code 2014 Division B 9.9.10. Egress from Bedrooms), which can be found here: https://www.edmonton.ca/residential_neighbourhoods/documents/PDF/sleeping_room_egress_window_window_well.pdf and confirm that your project meets all of the building codes and guidelines, while providing a beautiful and safe space for you and your family to enjoy in the years to come.

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Seniors Connection News for those 55+ Southwest Edmonton Seniors Association (SWESA)

By: Carol Vaage

Words have a longevity that I do not have. Paul Kalanithi

They say a picture is worth a thousand words, but the words I overheard last week made me feel the full impact of ageism. The videographer from a popular American competition TV show was scanning the competitors waiting their turn to perform, and caught a young girl saying, "They shouldn't give the old people the money or let them win. They're just going to die soon anyway." It is true that our society has focused priorities on youth and young adults. But it is also true that demographics will change that focus with the growing number of older adults.

Perhaps this young girl did not personally know any older people; it's hard to say where that statement came from. But it did make me stop and think whether my grandchildren knew the stories from my life. Often, my time is spent with them telling me about their lives, rather than them listening to stories from me, the 'elder.'

Summer is time for us to be outdoors, connect with family and friends, maybe do a few road trips. If you're like me, places or events can trigger a past memory, like being near a lake in the mountains reminded me of my young son learning to fish. One thought I have is that perhaps we should be keeping a journal with those memories. Keep them for ourselves, or for our family, or friends. It's a way to connect the generations, by sharing scenes, sights, sounds from our past or present. We would be creating a record, preserving our memories. This informal memoir would refresh the wonder we felt. I have heard that journaling can create long-term health benefits, but in ways different from exercising or watching our diet.

We are so fortunate to live in Edmonton, where seniors are respected and valued, where there exists a plethora of activities for us to enjoy. The Senior Centers across the city are fantastic resources for us to socialize, get fit, and learn new things. They are a place to belong to a community of peers. There are so many SWESA activities happening this summer: luncheons, informative talks, bus trips, Shakespeare in

the Park, fitness sessions, watercolour classes with Willie Wong. SWESA has a motto to be very welcoming to all who join us, so please consider this an invitation to do so.

The volunteers in the SWESA organization contribute so much to the success of our programs. This summer we will be at the Taste of Edmonton selling tickets as part of our fundraising goals.

SWESA recently sponsored a Live Active Health Exposition on May 11th, which hosted many health and fitness displays and speakers. We had an amazing turnout; OVER 700 PARTICIPANTS! Thank you to those who volunteered their time and energy to sponsor such a great event in our neighbourhood!

Please check our website for our latest program guide. We do have some great things happening this summer. We hope to see you soon!
<http://swedmontonseniors.ca/>

Don't forget that we have a dynamic Home Supports Program operated by Barbara Newell coordinating the services for our community, including snow removal, yard work, housekeeping and minor repairs. Contact her at Hs@swedmontonseniors.ca or 780-860-2931



Thank You To Our Sponsors



SWESA Seniors Centre

Yellowbird East Community Centre, 10710-19 Avenue - **SWESA Seniors Lounge**

Terwillegar Community Recreation Centre, 2051 Leger Road

SWESA phone - 587-987-3200 ~ **SWESA email** - swedmontonseniors@gmail.com

SWESA website www.swedmontonseniors.ca ~ [LIKE Us on Facebook](#)

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Invites YOU to come to ENJOY

Lunch and a Program (\$18 except December \$25)

Every Third Tuesday (except July and August)
11:45 am (sharp) to 2:00 pm at:

Greenfield Community Hall
(3803 – 114th Street)

September 17

Dr. Melanie Moore – Historian

Trials, Tribulations & Triumphs of a One-Room School
Teacher in Early Edmonton"

October 15

Brad Ward, Auctioneer

Antique Road Show comes to Petrolia Seniors

To **CONFIRM** your attendance or for more information,
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St. Monica's Happenings

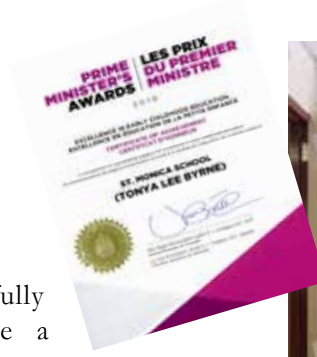
Updates for our community

By: Nancy Bromley

There is so much going on at St. Monica is it difficult to even know where to start, we are so proud of our little school and all that it has accomplished this year.

On June 14th we are very honoured to announce that one of our teachers, Ms. Tonya Byrne has won the Prime Ministers Award for Excellence in Early Childhood. This is a prestigious national award and we are very proud of her work and dedication that made her the winning candidate. This award encompasses many areas of child development such as; Support of Child Development, Innovation, Developing partnerships with other in Early Education, Commitment and Leadership in the field, Organizes and Delivers professional development, and Contributing to the development of a team environment. Tonya has excelled in all of these areas and we are very proud to present her with this award.

On June 20 from 5 – 7pm, we will be hosting the grand opening of our Naturescape park. This park was built with generous donations from many organizations including the Riverbend Community league. It is our hope that families from the community will come and enjoy this beautiful space



that was so thoughtfully created to promote a sense of wonder and care

for creation. We have already noticed a significant change in the openness to learning in our students as we bring the classroom outdoors for authentic curricular learning experiences outdoors. We have also noticed a significant difference in the quality of play in our students. They have become more imaginative and interested in problem solving, creating and team work.

June 21 we will be opening a time capsule that was created back in 1980. This capsule was found as we were cleaning our some storage rooms and we have since found some of the people who have attended at the time that it was made. We are going to be opening the capsule at our year end farewell celebration. We are all curious to find out what is inside.

Edmonton Riverbend

Updates from your Member of Parliament

By: Matt Jeneroux, MP for Edmonton Riverbend



As we approach the start of summer, I wanted to give you some updates on what we've been doing, both in our community and in Parliament.

I recently tabled my second Private Members' Motion in this Parliament. My motion proposes to change the existing open access publication policy to allow Canadians more access to publicly-funded research. Currently, the Social Sciences and Humanities Research Council (SSHRC), Canadian Institutes of Health Research (CIHR) and the National Sciences and Engineering Research Council (NSERC) must provide their

research to the public at no cost and free of most copyright restrictions. However, the federal government also supports research with funding for non-governmental organizations, which are not subject to the same rules. My motion proposes to expand the Tri-Agency Open Access Policy on publications to apply to all research funded by federal research grants. If

you're interested, I've put up some more detailed information for the motion on my website at www.mattjeneroux.ca/research-pmm.

This month, I'm once again hosting our annual event in Ottawa, Father's Day on the Hill: Conversations About Mental Health. Our continued aim is to help stamp out the stigma around men's mental health, with a focus on young men and fathers. If you'd like more information about the event, please visit www.mattjeneroux.ca/fathers-day.

I'm looking forward to hosting our annual K-Days barbecue again this year in July. Each year, we hold our free barbecue with the hardworking families in our community. This provides a chance to chat about issues that matter most to our area. I invite you and your family to the Safeway parking lot in Riverbend Square on Saturday, July 20 from 11 a.m. to 1 p.m. For a save-the-date and more details, please visit my website at www.mattjeneroux.ca/kdays-community-barbecue.

As always, if you have any comments or require assistance with a federal matter, please contact my Edmonton office at 780-495-4351 or matt.jeneroux.c1@parl.gc.ca. We would be pleased to assist you.

Southwest Edmonton Farmers' Market

Summer 2019

By: Christie Anderson, Market Manager

The 2019 season of the SWEFM is in full swing! We have been blessed with great weather, and the market has been bustling with happy patrons, vendors, volunteers, and buskers, all glad to be outdoors on an Edmonton summer day. We at the SWEFM make a real effort to bring our supporters the best variety of market produce and goods. While the gorgeous fruit and veggies are the stars of the show (who can resist plump Rainier cherries, bushels of garden carrots, garden peas, and the juiciest berries you'll ever see?), we also have a huge variety of prepared foods. This includes Thai, Indian, Bruneian, Turkish, Greek, vegan, gluten-free, & Jamaican to name a few, as well as carefully selected artists, bakers, & meat vendors to ensure there is something for everyone. This year we have several award-winning craft beer vendors, a French baker, and charcuterie meats on our scene, all of which are very worth checking out. And, while we have a fantastic core group of full-time vendors, be sure to keep your eye out for the part-time & casual vendors who come in on rotating schedules, bringing even more variety to our ever-growing market. On that note, we'd like to give kudos to our hardworking vendors, who show up rain or



shine. These folks put incredible amounts of time and love into their small businesses and are the heartbeat of Edmonton's fabulous market scene.

Be sure to keep an eye on our social media pages for weekly updates which include our Fresh Sheet (detailed vendor & programs list) and announcements for special events. Coming up in July & August, we have: free bouncy castle days on July 3rd & August 7th, Bee Day on August 14th, and our Corn Fest on August 28th. We also have our Artisan Alley days every second Wednesday of the month. 2019 has seen a big influx of crafters into our normal food-heavy market. Be sure to check out the beautiful jewelry, homemade greeting cards, pet accessories, dog pastries, home décor and more that our hard-working artisans are bringing to the market each week!

Wednesdays from 4:00-7:30 pm in the Terwillegar Rec Center Parking lot

(from May 15 to October 9)

The Bryan Anderson Athletic Grounds

Celebrating Years of Service to Our Communities and City

By: Dave Rumbold

The park surrounding the Terwillegar Community Recreation Centre has been renamed to commemorate Bryan Anderson's 19 years as City Councillor for the Riverbend and Terwillegar neighborhoods. Family, friends and elected officials gathered on Sunday June 9th to honour Bryan at the sign unveiling for the new Bryan Anderson Athletic Grounds. The clouds and rain cleared just in time for more than 75 guests to enjoy perfect weather.

The Terwillegar Riverbend Advisory Council (TRAC) approached the City of Edmonton Naming Committee back in 2017 to see what might be possible to recognize Bryan. A formal application and presentation along with 38 letters of support followed, leading to the naming of the Bryan Anderson Athletic Grounds. This site is a special fit because it's in the heart of the area Bryan represented for 6 terms, it has existing sports fields and schools, and it surrounds the Terwillegar Community Recreation Centre which he advocated for.

Bryan was responsible for the Sport and Recreation Initiative on City Council, and he led the push to develop five new City Recreation Centres. Bryan also advocated for the development of the GO Centre, the Coronation Velodrome, numerous artificial turf facilities and other sports infrastructure during his time on City Council, all while staying actively engaged with our community. Southwest Edmonton also saw the addition of a new library, fire hall, EMS station and police station due to Bryan's work at City Hall. Prior to his years as a City Councillor, Bryan was an award-winning Teacher and Coach for 35 years in the Edmonton Public School System.



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Barby and Wine

Cheers to a Fantastic Summer

By: William Bincoletto

With summer in very full swing, the one place that everyone and I mean everyone wants to hang next to is the Barby. It is most enjoyed and appreciated by anyone who uses it and it offers some extravagant and delicious results. I have some friends that use it 365 days a year and others that even talk to it to encourage delectable dishes. Its range is from the simplest to the most extravagant. Books have been written about how popular it has become and how creative it can be.

As you can surmise I am not witting about Barbie doll, but that most fantastic summer tool that has ever been invented “the barbecue”. The first time I heard it called “The Barby” it was by my good friend Tony (Spike) Maynard who as an “Aussie” used it all year round. And he would barbecue anything and everything!

So for all of you out there who love the outdoor barbecue (or even the indoor type too) here are three examples of great wines that will go with a wide variety of grills.

Klinker Brick Old Vines Zinfandel 2015-Lodi, California

Everyone remembers the Zinfandel of yesteryears. Even today when one chats about zinfandel, one image comes to mind, that blush, candy sweet concoction that smells and tastes of cotton candy. However true zinfandels are rich, robust reds that can truly enhance any grill. I remember decades ago when I first encountered Joel Peterson of Ravensood Winery who introduced me to what zinfandel should be and can be.

And here is one that I feel guarantees all the complete attributes of what zinfandel should be: delightful cherries and spicy aromas with rich alcohol



tastes with even a rogue level of tannins that can be felt throughout. Such a pleasure to partake with some smoked baby back ribs.

2016 Vidigal Next Station –Douro, Portugal

From the famed Douro region in Portugal comes this wonderful, alluring rich red wine. Lots of dark, brooding fruit, ripe chewy tannins - this is a delicious glass of red wine. A blend of 50% Touriga Franca, 30% Tinta Roriz and 20% Touriga Nacional.

2016 Schild Grenache, Mourvedre, Shiraz – Barossa Valley, Australia

Blend of Grenache (52%), Mourvedre (24%) and Shiraz (24%), a homage to the great wines of the Southern Rhône but with a very Barossan accent.

Smashed raspberry and cherry, balanced with the perfect amount of spice, pepper licorice. There is no oak fermentation, all the lovely aromatics are fruit derived and pure.

Pure fruit profile showcases juicy crushed berries, macerated with white peppercorns and vanilla bean. The wine is full bodied, elegant, with slight tannin and good acidity.

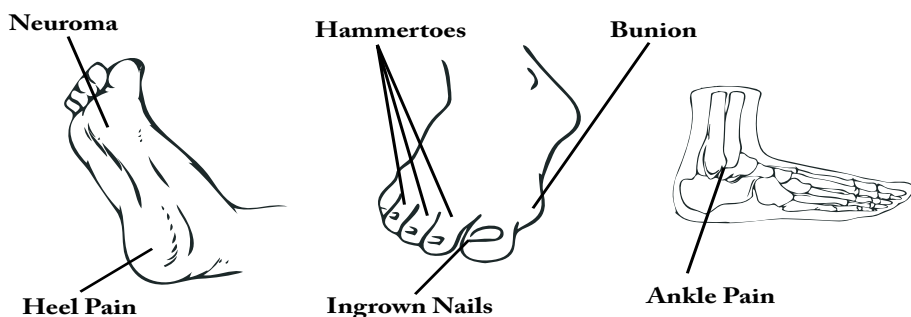
William Bincoletto is the Principal sommelier and new owner of Vines

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Newborn to 5 years

Subsidy Available

Breakfast, hot lunch

Fully fenced playground

Pre-math, pre-reading & writing

Age appropriate games

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If you are looking for a safe, warm & healthy environment for children that encourages independent exploration & experimentation within a variety of stimulating learning centres, call 780-438-4572. We are accepting new admissions for the Montessori Play School Program for 2018/19.

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Thursday	8:00 a.m. – 4:00 p.m.
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Community Pickleball and Tennis Program

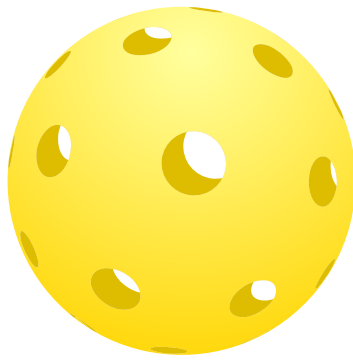
Summer 2019

By: Ruma Daulay

The Summer RCL Program continues to thrive thanks to the commitment of the Brookview and Riverbend Community Leagues...and YOU!

This year we are excited to introduce Pickleball lessons in addition to the Tennis lessons, being offered to the kids. What is Pickleball, you wonder? Well, Pickleball is a paddle sport created for all ages and skill levels. It combines the elements of badminton, ping pong and tennis in one. Pickleball is played with a paddle and a plastic ball with holes, called a "wiffleball". You can play Pickleball in singles or doubles formats. Pickleball was invented in 1965 on Bainbridge Island, near Seattle Washington and has evolved into both a fun and competitive game throughout the US and Canada. The game is rather easy to play and just as easy to learn.

We anticipate another great season of Pickleball and Tennis programming and are pleased to offer Learn to play classes for kids ages 6-8 and 9-12. The Ages 6-8 classes are scheduled back to back in the morning from 9-10:45 am with the Learn to Play Pickleball, and 11-11:45 with the Learn to Play Tennis, followed by Ages 9-12 classes into the afternoon from 12:15-2pm for Pickleball, and 2:15-3pm for Tennis. The Riverbend courts are closed and as a result all programming this year will be conducted on the Brookview Community League courts. Thank you Brookview Community League for sharing your beautiful new courts with all of us!



All of our summer Pickleball and Tennis programs are brought to you by the Brookview and Riverbend Community Leagues and the volunteers that help make our community a better place to live, work and play. Please note that as a community league member we offer you reduced rates for these lessons. We appreciate and value our members and hope that you will help us maintain a vibrant community by becoming a community league member.

We are so pleased to introduce Connor Reinson as our instructor! Connor is extremely enthusiastic to take on this new endeavour. He holds a Bachelor of Management Certificate. He has achieved his Pickleball certification and has gained the title of Badminton Singles Champion in Alberta and Canada. He is also certified in CPR and First Aid. He is an active member of Royal Glenora Club, and has taught Pickleball fundamentals and advanced tactics to players of all ages and skill levels. In addition to his experience as a player, Connor enjoys working with children and engaging them to learn the thrilling sport of Pickleball. This will be Connor's first summer coaching both Pickleball and Tennis with the Summer RCL Program and he is thrilled to share his love for the sports with us! Welcome Connor!

Classes fill up quickly, so please don't hesitate, and register your pro today!

Riverbend Community League Plant Sale 2019

A bright sunny day brought out record crowds to stock up on the bedding plants, perennials, herbs and vegetables provided by South Cooking Lake Greenhouse. Homemade artisanal lemonade kept our customers refreshed and created the opportunity to linger. It was a great afternoon for connecting with community. Thank you to all of our volunteers and the team from South Cooking Lake Greenhouse for making this annual event happen. We look forward to seeing everyone next year!

TRAC Community Run 2019

A Wonderful Day for Community

By: Karin Shott



The 14th annual TRAC Community Run was held on Sunday, May 26, 2019. We couldn't have asked for a better day! The sun was shining, there was a slight breeze, and an enthusiastic group of participants and volunteers alike. Big thanks to Jessica Zapata for an amazing job with the warm-up and M/C duties, and to Rakhi Pancholi and Tim Cartmell for helping out as well. Events like this could not be possible without the support of all of our sponsors.

We hope to see everyone again next year.

Photo contributed by: Molly Houle

Thanks to our sponsors!



LEARN TO PLAY 2019

TENNIS & PICKLEBALL

Weekly lessons in July & August

Ages 6-8 years & 9-12

Community League Members:

Members: \$35 ~ Non-Members: \$50

Brookview Courts - 300 Bulyea Road

Register at Riverbendonline.ca





The Ridge Community League

Neighbourhoods of Falconer Heights (Terwillegar Hill Estates),
Henderson Estates (River Ridge, Eagle Ridge, Promontory Point),
& Haddow (Riverside, College Woods)

facebook.com/ridgecommunity
info@theridgeonline.ca
www.theridgeonline.ca
twitter.com/TheRidgeCL
flickr.com/groups/1046485@N23/pool/

The Ridge CL Community Building Project Status

The Ridge CL had intended to start construction of our building, parking lot and rink early 2018 but the quotes came in considerably higher than budgeted, and a grant we had applied for was considerably smaller than we had hoped. The building and parking lot and came in at about \$1.6M, and the multipurpose concrete base with rink boards came in at almost \$750K. Poor soil conditions are one major factor.

The Ridge board has set construction of the building as a priority over the rink due to the necessity of services such as water, and a place to store a snowblower and hoses. Snowbank rinks can be supported from a building in the short term. We currently have about \$1.3M in grants and saved funds so we are close but not close enough to the \$1.6M necessary to start.

The intent of the concrete pad for the rink is to provide a level, light coloured surface for a skating rink with permanent boards, and a multipurpose surface for the summer months. This could be a tennis court, four pickleball courts, several basketball courts, among other possibilities.



Next steps in our process include:

- Continue to review project design and scope for opportunities to reduce costs.
- Develop a fundraising strategy, including the potential for in-kind contributions and set up a separate society with charitable status
- Continue applying for grants
- Create a list of all Stakeholder groups interested in the development of the rink and building
- Find a person who can help with fundraising

Contact info@theridgeonline.ca to donate, help or for inquiries.

Haddow Park Warming Hut

In April two warming huts used by The City of Edmonton at Hawrelak and Victoria Parks for cross country skiing for the last 5 years became available and The Ridge CL requested one of them for us to place on our licensed land at Haddow Park, next the snowbank skating rink location and site of our future building. We have had a snowbank skating rink for most of the last 25 years but have never had a place to warm up in or sit in. When the skaters get cold their only option is to go home or sit in an idling vehicle.

The use of the warming shack will not be limited to the winter season. As with previous summers, Haddow Park will once again have a Green Shack Program this summer. The program is held outdoors, and is only cancelled in extreme weather. However, even a short period of poor weather can be a deterrent for children to remain around. The warming shack will also be a shelter for these children so they are not forced to go home during short periods of poor weather. We have had a Green Shack program in the fall for the last two years but are not currently scheduled for one for a minimum of the next 3 years because we had no shelter like a community league building for cold days.



The warming hut has Plexiglas on one end and very well insulated so it is warmed by the sun. It can get very warm inside during the summer, which deters its use during warm weather. The Plexiglas end will be oriented south during the winter for maximum heating.

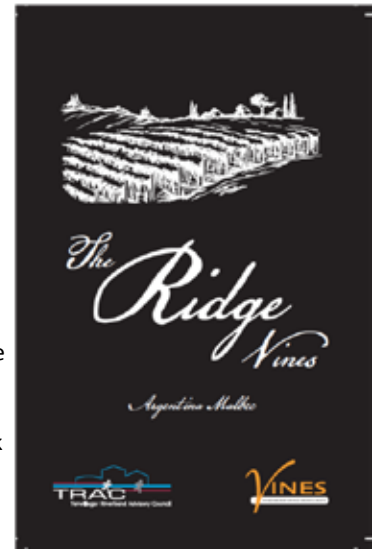
The hut is about 12 ft x 8 ft, weighs under 2000 lbs and sits on two steel skids. Motion sensing, solar power lights will be installed to light up the hut if there is motion in the dark to deter unwarranted use during the night. We have already committed funds to spruce it up with new paint and possible murals on it.

We made our proposal to the City of Edmonton in late April to place the warming hut at Haddow Park but the application is still under review.

The Ridge Vines wine coming soon!

As a fundraiser for TRAC, Vines Riverbend Wine Merchant is bringing in a limited shipment of 56 cases of Argentinean Malbec for a launch at the end of June. As per prior years, a local community league is given the honour of naming and labelling the wine. This year's wine is The Ridge Vines.

The Ridge CL posted a label contest on Facebook, albeit with a short notice, to artists for their submission. We are pleased to announce that the winning label submission was by Stephanie Skuce and Lynette Esak. The final tweaks are being made to the label but we are pleased and impressed by the submission and their creativity. Congratulations and thank you Stephanie and Lynette! Thank you as well to Sue Trigg for coordinating it and to Vines for their support of TRAC and local communities.



Check Vines at 2331 Rabbit Hill Road late this month or very early in July. Prior releases have been excellent and sold out quickly.

Green Shack Program at Haddow Park

Join in on free games, sports, crafts, music, drama and special events. A complete list of activities and special events are posted on the side of Green Shacks each week. If there is a game or activity that peaks your child's interest that you would like to have included in programming, just ask the Program Leader.

Programs Leaders are easily identified by their blue shirts and may be assisted by volunteer leaders in training. All leaders:

- Have completed a security clearance process, are trained in first aid, and are certified specialists in **fun!**
- Ensure participants play safely (Parents are responsible for their children at all times and must be available in the event of an emergency).

Programming is still available on rainy days, but may be cancelled during severe weather. A portable toilet compliments of The Ridge Community League will be at the site.

Ages: 6 - 12 years (children under 6 must be supervised by a guardian)

Dates: weekdays between July 2 and August 22

Times: Monday to Friday 2:30 pm - 6:00 pm

LOCATION	DATES	DAYS	TIMES
Haddow 2331 Rabbit Hill	July 2 - August 22	Monday - Friday	2:30 PM - 6:00 PM

LOCATION	DATES	DAYS	TIMES
Haddow 2331 Rabbit Hill	July 2 - August 22	Tuesday & Thursday	10:00 AM - 1:30 PM
Falconer Heights 10000 100th St	July 2 - August 22	Monday & Wednesday	10:00 AM - 1:30 PM

Pop Up Play Programs at Henderson Park and Falconer Heights Park

Pop Up Play is an exciting opportunity for kids to enjoy access to high quality recreation programming in their own neighbourhood.

Join in free games, sports, crafts, music, drama and special events 2 days a week at each location. Children are free to come and go as they please from our Pop Up Play Programs.

Look out for the colourful Pop Up Play flags flying at Henderson Park and Falconer Heights Park. There will be no Green Shack present. A portable toilet compliments of The Ridge Community League will be at the site.

If there's a game or activity you'd like to play, just ask the Program Leader. They are there to make your summer a fun one! Programs are led by staff with the same qualifications as the Green Shack program.

Ages: 6 - 12 years (children under 6 must be supervised by a guardian)

Dates: weekdays between July 2 and August 22

Times: Henderson Estates Monday & Wednesday 10:00 am - 1:30 pm
Falconer Heights Tuesday & Thursday 10:00 am - 1:30 pm



NEW LOOK, NEW LOGO, NEW WEBSITE!!!

Brookview Community League wants to thank all the volunteers that worked endlessly on updating, modernizing and redeveloping our web presence. A special thank you goes out to Paulette Chauvet for her above and beyond service in this endeavour and our monthly website maintenance needs. Check out how user friendly and easy to maneuver the new site is at www.brookviewcommunityleague.ca

Upcoming Summer Fun

Learn to Play Tennis & Pickleball

Ages 6-12, July and August 2019
Monday – Friday at Brookview Tennis Courts (300 Bulyea Rd)

Discounts on lesson fees for all Community League Members. Come prepared for your tennis lessons by bringing a tennis racquet, sunscreen, a hat and water. For more info and to register please visit www.riverbendonline.ca

We would like to extend a warm welcome to Connor Reinson as the new tennis and pickleball instructor. He has experience with all age groups and different levels of experience so we are very excited to have him on board. Welcome Connor!!

Pop-Up play in Brookview

Ages 6-12
July 2nd – August 22nd 2019
Tuesday/Thursday 10am-1:30pm

This is a free activity centered around games, sports, crafts, music and drama for kids and led by a Program Leader from the City of Edmonton. Children under 6 must be supervised by a parent /guardian.

Summer Camp: Storytelling Science

Ages 6-9
July 2 - 5, 10:00 - 11:30 am

Please check our website for the full description of this program. www.brookviewcommunityleague.ca.

Brookview Beat the Heat and Lemonade Craving Tips

When you make lemonade – make an extra batch and freeze it in an ice cube tray. When your next craving occurs pop out an ice cube and enjoy the sweet refreshing drink easily and accessibly.

Fall Programs

Save the Date: Brookview Annual Movie in the Parks

Mark your calendars: Scheduled for September 14.

Ballroom Will Be Back!

Ballroom dancing is back in full swing for September. Watch for an announcement of a Ballroom Sampler which will take place in August or find out more by contacting us through: programs@brookviewcommunityleague.ca

Urban Polling

Are you over 50 and interested in joining a low impact, low stress walking program? To learn more or to register for a free leadership training provided by the Edmonton Federation of Community Leagues please contact them directly or email programs@brookviewcommunityleague.ca

**** Brookview Community League is actively seeking fresh volunteers for our Board! ****

Check us out online at: brookviewcommunityleague.ca

A Shout Out to WECAN Volunteers

Brander Garden ROCKS

By: Janis Bacac

Have you heard of the not for profit organization called WECAN Food Basket Society? It believes everyone should be able to purchase and enjoy fresh fruit and vegetables as well as freshly frozen meat at an affordable price? For six years, Dan Wold, with support from Lorna Kvemshagen, diligently worked with various volunteers at the Riverbend depot. Once a month, they collected \$25 from various families who were then supplied with three types of fruit, vegetables and freshly frozen meat (or ten dollars a month for just fruit and vegetables). They are stepping down now, but as a community we want to thank them for their dedication and hard work. Way to go!

Irene and Geoff Meglis, from the Riverbend United Church, wanted their work to continue and have become new volunteer leaders. Irene took a collection at the church and was able to give out several free food baskets at Brander Garden ROCKS recent community meal. Over twenty families were blessed with beautiful baskets and learned about this great opportunity to enjoy fresh food at a low cost.

The community meal itself was also a hit. The menu included tandoori chicken, chickpea curry (vegetarian), rice, roasted eggplant salad with tahini dressing, salad and Pita bread from The Italian Centre store. Members of the

Brander Gardens ROCKS community and folks from the church worked together to learn new recipes and cook together.

Special guests included our former MLA Dr.

Bob Turner who was thanked for his steady support of Brander Gardens ROCKS over the years. Also, in attendance was our new MLA, Ms. Rakhi Pancholi, who indicated her future support of Brander Gardens ROCKS.

BTW, if you have any questions regarding the WECAN, check out www.wecanfood.com



Volunteers Needed!

Are you interested in joining a committee? Supporting local programs and/or community initiatives? Your local Community League needs you!

Brookview Community League - pg. 15

The Ridge Community League - pg. 14

Riverbend Community League - pg. 19

Casino Volunteers Needed for Riverbend Community League!

Mark your calendars. August 21 and 22 are RCL's dates at the Yellowhead Casino. We are looking for volunteers to help with day and evening shifts. No experience needed. Please contact Sue Trigg 780 991-5272 or smtrigg@shaw.ca.

YOGA at Riverbend Community Centre Fall 2019

Instructor Bev Moore

Certified by Yoga Association of Alberta
Desikachar lineage yoga (Viniyoga)
Teaching since 2001, Senior Teacher

Multilevel Hatha

Mondays 8:00-9:30am
9:30-11am

Wednesdays 8:00— 9:30am
9:45-11:15am



Instructor Paige Elniski

Traditional Hatha Yoga
Myofascial Release, Somatic Yoga
Teaching since 2006

Hatha I Gentle

Mondays 1:30—3pm

Hatha II Carry-on

Tuesdays 9:15—10:45am
Thursdays 9:15—10:45am

Hatha I Beginner

Fridays 9:15—10:45am

Small Classes – maximum 10 students

Register early to ensure your space

*For more information visit riverbendonline.ca
To register call Riverbend Community League at 780 437-7108
Community League Membership required*

Art in Our Park 2019

Art Market

By: Sheryl Bowhay

ART
in our
PARK

Art In Our Park is seeking Visual Artists and Craft-based Artisans to fill “Bring-Your-Own-Tent” spaces that circle the stage and audience. Artist Vendor Spaces - \$115

Apply by accessing our one-page application by July 31, 2019

For application form and more information go to www.riverbendonline.ca or contact 780-437-9579.

Visit www.artinourpark.ca and our Facebook page *YEGArtinOurPark* for updates and more information.



Grow the Change

Community Mural Project

By: Sheryl Bowhay



Imagine a bold, bright and cheerful mural on the Riverbend Community League Tennis Shack – located between Riverbend Junior High and St. Monica Elementary School.

At some point in the future our tennis courts will be redeveloped and the tennis shack will be torn down and replaced with a new and improved structure. In the meantime the exterior walls of the tennis shack are in disrepair with all four sides exhibiting badly chipped paint, cracking boards and graffiti.

Members of Brander Community Garden are leading the project to beautify the community and at the same time highlight the garden that exists in the repurposed batting cage behind the shack. The existing building will be sanded and primed before applying the multi-coloured mural. Some elements of the mural will be pre-designed with the opportunity to create and collaborate being given to all painter participants.

In addition to engaging youth from Brander Gardens ROCKS we are inviting community members to join us in the process. We will post more information about the project and timelines on our Facebook page *@Brander Community Garden* and on the Riverbend Community League website www.riverbendonline.ca. If you have any questions, concerns or suggestions we want to hear from you. Please write us at info@riverbendonline.ca or contact 780-437-7108.



Making Our Communities Beautiful

On behalf of the Whitemud Creek Homeowners Association, an energetic and fun loving group of women plant flowers each spring and care for the beds through the summer.

Photographer: Kathy Trepanier

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- Running toilets
- Pipe repairs
- Sump pumps
- Garbarators
- humidifiers

Or cosmetic improvements:

- Toilet replacement
- faucets
- sinks
- showers
- tubs
- gas lines to BBQ, stoves, and garage unit heaters

Toilet Special!

Toto Entrada

Comfort Height,
4.8L low flush white toilet

\$395 installed

Some restrictions apply - call for details

Offer expires July 31, 2019

Summer months only

Weekend appointments available
Limited number – must be booked in advance



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Dear Community Families,

Let me tell you a bit about **River City Preschool**. Since 1975 our preschool has offered a learn through play preschool program within the community. It opened as Greenfield Community Nursery School in the neighbouring community of Greenfield. We operate as a non profit organization and as a volunteer parent cooperative which means we can offer a very reasonably priced monthly tuition for families because we operate with parent power and have lower overhead costs.

Five years ago the preschool lost their space in the Greenfield Community and found a new home in the Riverbend United Church. We underwent a name change to River City Preschool to help with the location change. We have been extremely fortunate to have a wonderful dedicated classroom space at Riverbend United Church. However, **we are currently looking for a new space** to call home as our lease will only remain until the end of June 2020.

Until then **we are accepting registrations**. We are open for registration for the 2019/2020 school year and would love to have your child and family join us and be a part of our special community school.

Please check out our website at www.rivercitypreschool.ca for further information and to register online!

Like and follow us on Facebook:
<https://www.facebook.com/RiverCityPreschool/>

Any questions can be directed to our Registrar either by phone or email.

Ph: 780-666-5315

Email: registrar@rivercitypreschool.ca

Riverbend Community League

Serving the Neighbourhoods of Brander Gardens, Brookside,
Ramsay Heights, and Rhatigan Ridge.

Join in! Visit www.riverbendonline.ca
for updates on community league programs.

President's Message Miep Raedschelders, RCL President

We're counting the days to summer in our house. The kids are ready for a break from the school routine, and dreaming of all the adventures they'll have this summer. Both of my boys are excited to learn to play pickleball through the Brookview and Riverbend Community League tennis and pickleball program after loving the game when they had the chance to play it at school. Check out the flexible times offered to have your kids affordably active this summer on riverbendonline.ca! (Pickleball equipment is provided for use during lessons). Thank you Ruma Daulay, RCL Tennis Director for putting together the programming this year.

Outdoor soccer season is in full swing, so please remember to drive carefully by our fields, as over 40 thousand Edmonton kids and youth participate in healthy outdoor activity!

Because our Riverbend tennis and pickleball courts remain closed due to conditions, we will be posting tennis and pickleball alternatives on our web site. We would like to thank Brookview Community League for offering the choice to purchase associate memberships to our members allowing access to their courts. Please contact Karin at 780-439-9394 to arrange for your associate memberships.

The Riverbend Community has City of Edmonton Green Shack programming available throughout the summer months at Ramsay Park, Brookside Park and Brander Gardens playgrounds. There will be pop up and play at Rhatigan Park this summer as well.

If you are looking for a meaningful volunteer opportunity, please consider your Community League. We are seeking to fill volunteer positions including board roles such as Brookside and Ramsay Heights Representatives. to TRAC. If you are interested in joining the board in another capacity, we have member-at-large positions available with mentoring for officer roles as well. Interested in community-based journalism? Seniors initiatives? Building community? Event planning? Volunteer opportunities include becoming a writer or contributor to the RAGG, partaking in our capital planning committee, seniors programming and more. Contact us and we will gladly put your skills to good use! info@riverbendonline.ca.

2019-2020 memberships are now available! Please purchase a membership to support your league!

Free Community League Swim

Riverbend Community League has **FREE community league swims at two indoor pools.**

Show your valid Riverbend Community League membership card at the pools listed below for free access during the designated community league swim times. Children eight years of age or under require adult supervision in the water at a ratio not to exceed three children to one adult. Children six years of age and over must change in the change room of their gender. Family change rooms are available at some facilities.

INDOOR POOLS

Confederation Pool (11204 - 43 Ave)
*Note: Pool closure June 4 - August 23

Terwillegar Community Recreation Centre (TCRC) (2051 Leger Road)
Sundays 5:00 to 7:00 pm*

(*Note that your CL Membership Card gives all access at the TCRC during the Community Swim times.)

Riverbend Bridge Club

If you know how to play bridge, and want to enjoy a relaxing afternoon join us at: Drop-in bridge on Thursday afternoons from 12:00 - 3:00 pm at the Riverbend Community Centre (258 Rhatigan Road E.). Open to all. Community League membership is required. For more information, call the community league office at: 780-437-7108.

Membership Info

Riverbend Community League boundaries include: Brander Gardens, Brookside, Ramsay Heights and Rhatigan Ridge. Memberships can be purchased online at www.efcl.org, at the TRAC office in the Terwillegar Community Recreation Centre, by mailing in the membership form on pg. 19 or dropping it off at the RCL office. For more information about the Riverbend Community League, visit www.riverbendonline.ca. Thank you for supporting the Riverbend Community League.


Hall Rentals

Celebrate close to home!

The Riverbend Community Centre & **Brookside Hall**
258 Rhatigan Road East 5320 - 143 St.

To view or book, call
Rod Ponech
780-217-1636
rentals@riverbendonline.ca

Learn more about both facilities at
www.riverbendonline.ca



Connecting Online

Stay Up-to-Date on the Latest Events in Your Community!



Riverbend Community League
www.facebook.com/RiverbendCL

The Riverbend Ragg-Times
www.facebook.com/RiverbendRaggTimes



Riverbend Community League Office Open - Tuesdays & Wednesdays 10:00 am - 2:00 pm
258 Rhatigan Road East • 780-437-7108 • info@riverbendonline.ca

RIVERBEND COMMUNITY LEAGUE		
Serving the residents of Brookside, Brander Gardens, Ramsay Heights, and Rhatigan Ridge. www.riverbendonline.ca		
Cost of membership Family \$45/Single or Couple \$35/Senior (65+) \$25		
RCL Office	Elizabeth Emslie	780-437-7108 info@riverbendonline.ca
President	Miep Raedschelders	president@riverbendonline.ca
Vice-President	Tara Joosse	info@riverbendonline.ca
Publicity	VACANT	info@riverbendonline.ca
Secretary	Leslie Leeworthy	info@riverbendonline.ca
Treasurer	Nancy Wendt	info@riverbendonline.ca
Memberships	Karin Shott	memberships@riverbendonline.ca
Seniors	Judy Robinson	info@riverbendonline.ca
Volunteer Coordinator	Tara Joosse	info@riverbendonline.ca
Community Liason (Civics)	Sheryl Bowhay	info@riverbendonline.ca
Neighbourhood Watch	Barb Scott	info@riverbendonline.ca
Events/Fundraising	Sue Trigg	info@riverbendonline.ca
Facilities/Maintenance	Howard Nash	info@riverbendonline.ca
Civics	Dave Rumbold	info@riverbendonline.ca
Rinks	Sue Trigg	info@riverbendonline.ca
RIVERBEND COMMUNITY LEAGUE BUILDINGS Brookside Building (5320 – 143 Street) (780-437-7108) Riverbend Community Centre (258 Rhatigan Rd. E)		
Buildings Rentals	Rod Ponech	780-217-1636 rentals@riverbendonline.ca
The Riverbend Ragg-Times	Sherri Henderson, Editorial	raggtimes@riverbendonline.ca Elizabeth Emslie, Advertising 780-437-7108 ads@riverbendonline.ca

BROOKVIEW COMMUNITY LEAGUE	
Serving the residents of Bulyea Heights. Community League Memberships can be purchased at the TRAC Office, tracmail@tracspirit.ca or 780-439-9394 www.brookviewcommunityleague.ca	
Cost of Membership Family \$45/Single or Couple \$35/Senior (65+) \$25	
President	Peter Farnden
Vice President	Donna Funk
Treasurer	Purnima Prasad
Secretary	Claire Jarock
Seniors Director	Vacant
Newsletter Director	Lisa Bergman
Sports Committee	Kyle Fodchuck
Membership Director	Heather Schmidt
Playschool Liason	Vacant
Casino Chair	Madan Prasad
TRAC Ambassador	Elmar Klapstein
Programs Director	Vesna Farden
Brookview Community Centre, 280 Bulyea Road.	

HODGSON COMMUNITY LEAGUE	
Serving the residents of Whitemud Ridge. For more informations visit: www.ourhodgson.com or email: hclcommunications22@gmail.com .	
Cost of Membership Family \$45/Single, Couple, or Senior \$35	
President	Taniya Birbeck hclpresident@gmail.com
Vice President	Tania Hrebicek
Membership Director	Janna Kirkup hclmemberships@gmail.com

OAK HILLS COMMUNITY LEAGUE	
Serving the residents of Whitemud Oaks (Leger) and Whitemud Hills (Carter Crest). oakhills.cl@gmail.com	
Cost of Membership Family \$45/Single, Couple, or Senior \$35	
President	Mike Boychuk
Vice-president	Brian Boswell
Secretary	Sandra Boyes
Civics/Seniors	Rob Agostinis
Sports Director	Armando Pinedo
Program Director	Afroz Farjoo
Memberships	Garnett Schommer & tracmail@tracspirit.ca

GREATER WINDERMERE COMMUNITY LEAGUE	
Serving the residents of Glenridding, Windermere, Upper Windermere, Windermere South, Windermere North, Langdale, Riverpoint, Keswick, South Rural and West Point. GWCL, 18102-8 Ave SW, T6W 1A5 www.gwcl.ca	
Cost of Membership Family \$45/Single or Couple \$35/ Senior single \$30	
President	Janet Ho gwclpresident@gmail.com
Memberships	VACANT tracmail@tracspirit.ca

PROGRAMS (Open to members of any community league.)		
PB&J Playgroup	pbjchair@gmail.com	
Riverbend Cooperative Playschool	www.riverbendplayschool.ca	
Adult Yoga	Bev Moore Paige Elniski	780-437-7108
Bridge	Open	780-437-7108

THE RIDGE COMMUNITY LEAGUE	
Serving the residents of Henderson Estates, Falconer Heights and Haddow. P.O. Box 21063, Edmonton, AB, T6R 2V4. Memberships are available at: the TRAC Office, or online at www.efcl.org . www.theridgeonline.ca info@theridgeonline.ca	
Cost of Membership Family \$45, Single or Couple \$35, Senior Single \$25, Senior Couple \$30	
President	Jim Bradshaw 780-434-0058 info@theridgeonline.ca
Memberships	Martina Kunkel memberships@theridgeonline.ca

SPORTS PROGRAMS		
These programs are open to all Riverbend-Terwillegar residents holding current Community League memberships.		
Basketball (Youth)	www.southwestbasketball.com	
Edmonton Girls Hockey	Registrar	780-868-2801
Ringette	ringette-edmonton.com	
Softball (SEMS)	meldawn@telus.net	
SWAT Hockey	swat.ca	
TRSA Soccer	Charlane Gorsak	780-437-1331

DISTRIBUTION

The Ragg-Times is distributed by Canada Post directly to nearly 10,000 homes, online at www.riverbendonline.ca, and on-site at several locations throughout the Riverbend area:

The Paw Pet Spa & Boutique
266 Bulyea Road

ATB Financial
14236-23 Ave.

Secret Sweets
14910-45 Ave

7 Eleven Food Store
149108 45 Ave

Easy Mart
5679 Riverbend Road

Mac's Convenience & Esso
Terwillegar Drive & 40 Avenue

Safeway, Shoppers Drug Mart, and the Riverbend Public Library
Terwillegar Drive & Rabbit Hill Road

Second Cup
Riverbend Square, and in the Terwillegar Community Recreation Centre

Snow Valley Ski Club
13204 Rainbow Valley Rd.

Riverbend Community Centre
258 Rhatigan Road E.

Vines Riverbend Wine Merchant
2331 Rabbit Hill Rd NW

TRAC Office
Terwillegar Community Recreation Centre

The Riverbend Ragg-Times thanks these businesses for their community service in carrying the newspaper.

The Riverbend Ragg-Times
is funded and published solely through the support of advertisers, sponsors, and community leagues in and around the Riverbend/Terwillegar area.
They support us so please support them.

OTHER AREA COMMUNITY LEAGUES MEMBERSHIP CONTACTS	
Ogilvie Ridge	Membership Director orcl@whitemudcreek.ca Cost of Membership Family \$45/Single, Couple, or Senior \$35
Terwillegar	www.terwillegar.org Cost of Membership Family \$45/Single, Couple, or Senior \$35

Community League Membership Application

To verify your League, or purchase a membership online, please visit the Edmonton Federation of Community Leagues (EFCL) website, www.efcl.org

Adult #1: _____ **Date:** _____

Adult #2: _____ **Membership Type:**

Address: _____ Seniors/Single/Couple/Family (circle one)

_____ May we send you news by email? Y/N (circle)

Postal code: _____ **Are you willing to volunteer?** Y/N (circle)

Phone number: _____ **Fee** (please see CL info on page above): _____

Email: _____ **Donation:** _____

Children's names: _____ **Total Paid:** _____

_____ **Cash:** **Cheque:**

_____ **No. of skate tags required:** _____

Mail completed form, along with payment, to the address below:

"The Community League's Name"
c/o TRAC at Terwillegar Community Recreation Centre
#5, 2051 Leger Road NW
Edmonton, Alberta, T6R 0R9

Forms and payment may also be dropped off at the TRAC office.

***Cheque Payable to the Applicable Community League.**



Happy Summer!



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Westbrook Estates \$8,500,000
A classic English brick Manor, .79 acre ravine lot on the pointe, 19,500 sq.ft. ML# E4134510



Donsdale Vacant Lot \$3,750,000
Dream Street! Last opportunity to own & build. 2.64 acres on the river's edge on Donsdale Drive. ML# E4127024



On The River \$3,698,000
Premier Private Estate a 1.4 acre lot. Total living space of 6130 sq ft. ML # E4154120



Wedgewood Heights \$3,399,000
Prestigious Gated Ravine Estate nestled on 1.3 acre ravine lot, 10,000 sq.ft. ML# E4128479



Windermere \$2,198,000
7600 sq ft of total finished space nestled on a A PRIME RAVINE LOT. ML# E4158299



On the Ravine \$1,548,000
Walk-out bungalow in College Woods. 5477 sq ft of luxury. Chef's gourmet kitchen ML# E4160153



Falconer Heights \$748,000
Renovated custom built 2 storey walk-out. Steps to the ravine on a quiet cul de sac. ML# 4157538

JUNE 2019 EDMONTON SOUTHWEST MARKET SNAPSHOT

MARKET SUMMARY Y.T.D 2019

729	442	64	11.3
ACTIVE LISTINGS	HOMES SOLD Y.T.D	DAYS ON MARKET	MONTHS OF INVENTORY



AVERAGE SOLD PRICE 2019

\$628,121
BUNGALOW

\$519,983
2-STORY

\$253,189
CONDO



Wolf Willow Ridge Estates \$2,998,000
2 storey walk-out estate, 8100 sq.ft, gourmet kitchen. ML# E4126439



Brookhollow \$2,998,000
One of a kind gated estate nestled on 1/2 acre prime ravine lot, 4725 sq.ft. ML# E4151880



Terwillegar Gardens \$1,750,000
2 storey executive walk-out estate home in Terwillegar Gardens, 5200 sq ft. ML# E4155269



High Rise - Carlisle \$1,625,000
Redesigned & renovated floor to ceiling in 2019, 2082 sqft 16th floor ML # E4157637



Twin Brooks \$1,495,000
Brookhollow, backs onto the Mactaggart Sanctuary! 6700 sq.ft. ML# E4135644



Whitemud Ridge \$1,375,000
WALK-OUT BUNGALOW on the RAVINE! 4500 sq.ft. total finished. 10' ceilings. ML# E4156515



Riverside in Haddow \$685,000
2 storey walkout with 2405 sq ft. plus 1062 sq ft. basement. 5 Bedrooms. ML# E4150789



Blue Quill \$629,000
2367 sq ft. 5 + 1 bedrooms, 3.5 baths. Plus 1200 sq ft fully finished basement. ML# E4155964

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