

The Riverbend Ragg-Times

Deadlines for September

Editorial/Ads: Sept 11
Delivery week of Sept 28

A PUBLICATION OF THE RIVERBEND COMMUNITY LEAGUE

JUNE 2026 | VOL. 43, NO. 6

Work begins at Whitemud Road Landslide site

A new City project will restore access for monitoring and maintenance at the site of the 1999 Whitemud Road landslide.

By Melissa Walker

The City of Edmonton is beginning a construction project in Ramsay Heights, along the river valley slope at the site of the Whitemud Road Landslide, just west of Whitemud Road. The project will repair and restore the existing access trail along the valley slope, along with nearby areas of the slope. The trail allows crews to reach the site for regular maintenance and monitoring. Some sections became blocked by debris after small slope movements occurred higher up the hillside.



The City of Edmonton will restore the access trail and complete localized slope repairs at the Whitemud Road Landslide site in Ramsay Heights this summer.

Some residents may recall the Whitemud Road Landslide, which took place in October of 1999. One home slipped down the bank when the slope gave way and two others, perched precariously on either side, were demolished approximately four months later. Now, only four homes remain on the west side of the street to the north of the slide that occurred where Ramsay Crescent curves into Whitemud Road.

that left a large sand deposit that formed the hill that occupies a portion of what is now Ramsay Heights, called a kame. A large lake covered Edmonton after the glaciers melted, blanketing the entire area with a layer of clay.

To understand how this happened, we need to look way back in time, well before humans got here. Pete Barlow, a geotechnical engineer and landslide expert, explained that the slide occurred on a weak layer of bedrock called bentonite which formed from a volcanic eruption at a time when dinosaurs still roamed the earth. The Bentonite was followed by glaciation of the area and as the glaciers melted,

Before Ramsay Heights was developed, part of the rainfall and snowmelt in the area naturally flowed underground through the kame and emerged as springs on the river valley slope below Whitemud Road. This natural groundwater system was partially contained by a clay layer that limited the amount of water entering the underground sand layers.

continued on p.4...

Community mailboxes coming to Riverbend and Terwillegar

Residents in postal codes beginning with T6H and T6R will see mail delivery move to community mailboxes in 2027.

By Melissa Walker, photo Stephen Andrews



Riverbend and Terwillegar residents will see changes to mail delivery beginning in October 2027 as Canada Post expands its conversion to community mailboxes.

The change applies to postal codes beginning with T6H and T6R, covering both communities. Canada Post says the conversion is part of its efforts to reduce costs and move toward financial self-sustainability.

Accommodation options are available for residents with disabilities who may have difficulty accessing community mailboxes. More information is available from Canada Post at canadapost.ca/ourtransformation.

Brander Gardens welcomes another season of music

From classic rock to folk and singer-songwriters, this summer's lineup offers something for every music lover.

By Lita Bablitz

“Music is the great uniter. An incredible force. Something that people who differ on everything and anything else can have in common.” ~Sarah Dessen

Wade McBeth, long time resident of Brander Gardens and a community builder presents a concert series for the summer of 2026. If you have ever attended one of these concerts, you'll know they take place on an idyllic little strip of green space nestled in Brander Gardens. If you've never been then you'll want to bring

chairs/picnic blankets, sunscreen/sunhats, bug spray, drinks, snacks and your biggest smiles (even if you forget your smile, trust me, you'll leave smiling). The concerts are free but a traditional “pass the hat” collection will occur to thank performers. Concerts are weather permitting but even the weather tends to cooperate for these concerts. The location is the green space at 148 Street and Riverbend Road, and the concerts are as follows.

Saturday, July 11, 7 p.m.

11 Seconds (with Brander Gardens local drummer and founder of Cops for Cancer Gary Goulet!) brings their ever-popular Classic Rock covers back for a fifth year! facebook.com/11Seconds. MusicSaves

Saturday, August 15, 7 p.m. — **Singer-Songwriter double-header!**

Anna K (a Brander Gardens Local!) will start us off with her poetic storytelling and catchy choruses. sites.google.com/view/annaktunes/home

continued on p.4...



Bring a lawn chair and enjoy 11 Seconds at the Brander Gardens Concert Series on July 11.

From Riverbend to Granny's house

Local author Tania Hrebicek shares family memories through rhyme, counting and nature.

By Kathy Trepanier

In a beautiful tribute to her mother, Riverbend author Tania Hrebicek has written a children's book that will delight young readers. "When I Go to Granny's House" features animals that one might see in our river valley and uses charming rhyme to teach counting, one to ten.

Granny's House actually existed on Georgian Bay, north of Toronto. Granny was Tania's mother, Jackie — a feisty and independent woman in her seventies, who had a house built in the country so she could live amongst nature. The house was surrounded by her garden of native plants and rocks she had carried in from the woods, and each family visit was full of animal sightings and garden views.

After her mother died, Tania was inspired to write a children's book that would share these memories and teach children how to look for animals in whatever woods they might have in their city.

Each page of "When I Go to Granny's House" has a photo that Tania has taken, a beautiful animal illustration and a pegboard note to read. This book would be a great way to introduce children to what they might see on a walk at the Terwillegar Dog Park, in the river valley or Whitemud Creek ravine.

Children's book author is just one of the many hats that Tania has worn: marketing professional, mother of two children, wife, President of the Hodgson Community League, nature photographer, writer and walker of their dog, Whisky. You might even remember her as co-owner of Everything Cheese, a cheese shop on Riverbend Road (2011-2014). When she's not



Riverbend author Tania Hrebicek recently published her first children's book, "When I Go to Granny's House."

writing, Tania enjoys photography and spending time in nature, often hiking and exploring the beautiful outdoor spaces in Edmonton.

"It is a lot of work to write, publish and market a book, but it shouldn't stop you if you have an interest", says Tania. "If you have an idea you want to pursue, just start. Ask questions, seek help. If things have a general momentum going forward, you'll know you're on the right track."

"When I Go to Granny's House" is on sale at Indigo, Amazon, local retailers Swish & Co and The Wildbird General Store. You can also follow Tania on Instagram by searching her book's name.

Riverbendonline.ca

Publisher Riverbend Community League

Editor Melissa Walker

Designer Melissa Walker

Advertising Sales Correna Craig

Editorial Board Correna Craig, Terra Cook, Michael Ganley, Mike Lupien

Copy Editor Cam Fahlman

Contributors Lita Bablitz, Sacha Curran, Mike Elliott, Matt Jeneroux, Lisa Jodoin, Julie Kusiek, Mike Lupien, Rakhi Pancholi, Emily Paulsen, Sue Paulson, Dave Rumbold, Karin Shott, Kathy Trepanier

Volunteer Delivery Crew Lita Bablitz, Jim Bradshaw, Lori Hand, Jihan Marjan, Daryl Matter, Shawn Qin, Karin Shott, Sabine Sintenis, Donna Spencer, Shelly Stevens, Helma Voth, Mary Wagner. If you would like to help deliver the Ragg-Times, please get in touch.

Printing Star Press

Submissions The Ragg-Times accepts queries for editorial submissions via email at raggtimes@riverbendonline.ca.

Advertising Sales Please contact Correna Craig at ads@riverbendonline.ca.

The Riverbend Ragg-Times is published six times per year by The Riverbend Community League. No part of this publication may be reproduced without the written consent of the publisher. The views and opinions herein do not necessarily represent those of the publisher or editor.



258 Rhatigan Rd E Northwest

Edmonton, AB, T6R 2P7

780-437-7108, riverbendonline.ca

info@riverbendonline.ca



ASSEMBLE HAIR STUDIO
(formerly AJ's Barber Shop)
5655 Riverbend Road
SPRING & SUMMER HOURS
Monday – Wednesday 10 am – 6 pm
Thursday/Friday 10 am – 7 pm
Saturday 10 am – 5 pm
Walk-ins Welcome
Appointments Appreciated
(call "Natron" for sessions outside of regular days/hours)
780 758 5827



SUMMER STARTS with a FRESH CUT!!



the Gutter Doctor Home Exterior Services
Gutter Clean/Fix/Install • Leaf Screens
Window Cleaning • Fascia/Soffit/Siding
Pressure/Soft Wash • Cladding
Permanent Lights • Roofing
Senior Discount • Warranty • WCB • Insured
780-709-6825 gutterdoctor.ca

WE KNOW RIVERBEND

WWW.HAUPTREALTY.COM



DANE PHANEUF
780-993-8574



MATHEW HAUPT
780-904-4666

HAUPT PHANEUF
REAL ESTATE TEAM

exp
REALTY

EDMONTONREALTOR.CA



President's Message



Lots to do in your neighbourhood this summer!

Renew your community league membership and take advantage of the many programs, events and benefits available close to home.

By Mike Lupien

Summer is here and it's a great time to have fun in the neighbourhood. If you're into checklists and marking calendars, here are some things to consider.

First, note that August is community league membership renewal month. Members have access to all kinds of programs and services offered within the community and throughout the city. A community league membership gives you:

- A direct voice in community affairs on issues of planning & development, parks, recreation, security and transportation
- Reduced registration fees for programs
- Free use of all community rinks
- Free swimming at Confederation Pool & Booster Juice Recreation Centre in Terwilligar – just show your membership card
- Free summer playground programs
- Discounts on hall rentals at both Riverbend Community Centre and Brookside

Hall

The Bridge Blub continues every Wednesday throughout the summer at the Riverbend Community Centre from 12:30 p.m. to 2:30 p.m.

The off-leash dog park at Brookside is ready for your pups to run, play and make new friends.

The Green Shack is back from June 29 to August 21 at Brookside and Rhatigan parks (mornings) and Brander Gardens and Ramsay parks (afternoons). Every weekday, program leaders host games, challenges and activities sure to get kids active and having fun. A list of activities and special events will be posted on the side of the physical Green Shack each week.

The green space at 148 Street and Riverbend Road is the site for a series of outdoor concerts this summer that you can read all about in this issue of the Riverbend Rag-Times. And more music is on the schedule with the Concert in the Cage event on September 19.

In August, keep an eye open for indoor soccer

registration with TRSA. Be sure to register for the fall Yoga program Monday, Wednesday and Friday mornings starting in September. Interested in evening yoga? Let us know! There's also Girl Guides and Karate classes to sign up for.

Riverbend Community League will also hold a big bin event on a Saturday in September for members to dispose of those bigger items you've been wanting to toss. Details coming soon!

And make a point to join Not Falling for You, a program presented by Riverbend and the Ridge community leagues to improve balance and increase mobility for those 55+.

So much going on and much more being planned, but the first thing you should do is buy or renew your community league membership. To do that, and to learn more about all of these events and programs, reach out to the Riverbend Community League at info@riverbendonline.ca or 780-437-7108.

LEARN THROUGH PLAY!



Riverbend
PLAYSCHOOL



2026/2027
SPACES AVAILABLE

Visit our website for program details!

RiverbendPlayschool.ca

Programs for 3 and 4 year olds!



Not Falling For You

Preventing Falls with Balance & Buddies

Presented by The Ridge Community League and Riverbend Community League

Free classes coming soon to the Riverbend Area

Improve Balance
Increase Mobility
Ideal for Adults 55+
Led by a local senior volunteer!

Watch for further details to be announced in September



...Whitemud Rd. continued from p.1

Development of the neighbourhood altered this system. Construction activities disturbed the clay layer, allowing more water to enter the groundwater flow. Additional water from residential sources such as lawn watering, drainage and leaks further increased groundwater levels. Over time, these changes weakened the bentonite layer beneath the subdivision and ultimately contributed to the 1999 landslide.

In 2002, Mr. Barlow led a team to install an array of porous horizontal drainage pipes to extending over 100 feet into the bank to target the base of the kame and drain groundwater. and This prevented further destabilization of the slope, allowing Ramsay Heights residents to breathe a little easier.

Construction is set to begin in June and is planned for completion this fall. Two-way traffic will be maintained, but the bike lane that runs along Whitemud Road, from 43 Avenue to Ramsay Crescent, will be closed. The City says that bike detours will be available via 43 Avenue and Ramsay Road, and access to private properties will be maintained throughout construction.



This view shows the area where access trail restoration and slope repair work will be carried out at the Whitemud Road landslide site.

Thank you to Dr. David M. Cruden, M.A., M.Sc, Ph.D.e, Professor Emeritus at the University of Alberta and the late Dr. Stanley Thomson. Dr. Stanley Thomson, PhD, PEng, PGeol, Professor Emeritus at the University of Alberta.

...Brander Concerts continued from p.1

Paul Jensen will complete the date with his heartfelt folk singing and timeless melodies. PaulJensenMusic.ca
Saturday, September 12, 7:30 p.m.

Off The Record is back to close the season again with their Ultimate Live 70s/ 80s Music Experience. Last year, the evening time slot coupled with the late season date made their lighting and smoke show something to remember! OTRband.ca

“Music brings people together. So my function in anything I do is to help bring people closer in.” ~Gord Downie

Consider following Riverbend Community League on Facebook or Instagram to stay up to date on activities in Riverbend.

Traffic safety upgrades coming to Falconer Heights

New measures including curb extensions and speed bumps are scheduled for installation this summer.

By Melissa Walker

New traffic safety measures are coming to Falconer Heights as part of the City of Edmonton's Vision Zero Street Labs program.

The project includes measures

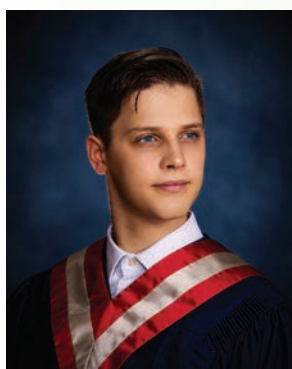
such as curb extensions and speed bumps and is based on public feedback, traffic data and engineering analysis. Construction began in June and is expected to be completed in early summer 2026, weather and

resources permitting.

A "What We Heard" report from public engagement conducted in 2025 is available at edmonton.ca/StreetLabs.

Following installation, the City

will review traffic data and feedback submitted through 311 to determine whether adjustments are needed. Residents can continue to report concerns or maintenance issues through 311.

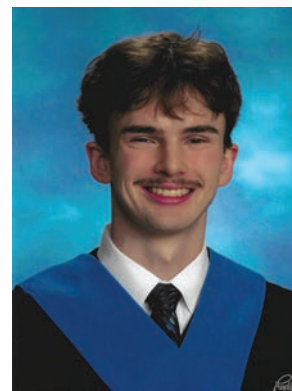


Congratulations

Luka van Manen

Grad 2026

We are so proud of you!



Congratulations

on your graduation!

Connor Bowhay

2026

Oh, the places you'll go!



Make Your Home Yours

OUTDOOR LIVING SPACES



Exclusive Lifetime Warranty



780.414.0686

Ackard.com

Results You'll Love.

Alberta's future is on the ballot — don't take it for granted

The upcoming separation referendum has sparked debate across Alberta, with concerns about its impact on communities, investment and national unity.

By Rakhi Pancholi, MLA, Edmonton-Whitemud and Deputy Leader of the Official Opposition



The Premier and the UCP government have made the ill-advised decision to proceed with a referendum on Alberta separating from Canada, scheduled for October 19, 2026.

Albertans have been clear: the vast majority do not want to separate from Canada, and they do not want a referendum on separation. Like most of us, I am a proud Albertan and a proud Canadian. I am proud of the role Alberta plays in Canada, and I know Alberta can achieve much more when we lead Canada, not leave Canada.

Alberta is facing a divisive, economically destabilizing referendum on separatism because of Premier Danielle Smith and the UCP government. After a year of enabling her separatist base to initiate a referendum on separatism

— lowering the number of signatures required, overturning court decisions and using taxpayer money to appeal a court decision that found the separatist question unconstitutional — Premier Smith has made the choice to proceed with a referendum on separatism with a question written by the government.

This is a government referendum.

The Premier has claimed that “700,000” Albertans asked for this referendum, which is not factual. More than 400,000 Albertans signed the Forever Canadian Petition — motivated by love for their province and their country — because they wanted to stop a referendum on separatism and ensure Alberta remains in Canada.

The alleged 300,000 signatures that the separatists gathered on their petition were never verified by Elections Alberta. Even more significant is that some bad actors within the separatist movement had — and may continue to have — illegal

access to the personal information of 3 million Alberta voters because of the largest data breach in Canadian history. This calls into question every signature on that petition.

Additionally, reports indicate that foreign, opportunistic actors are exploiting the separation issue to spread division and confusion. With all of this, there are serious questions about whether a legitimate and secure referendum can even be held.

This is not about democracy. If it was, the Premier would have told her separatist supporters to establish a political party, run candidates in each riding in the province, and do the work of persuading Albertans to support their cause. Instead, she has given them a platform to promote their unpopular position with Albertans.

The UCP did not campaign on a separatist agenda in the 2023 election, yet they have intentionally advanced that agenda for 18 months because of a group of people who helped

win her the leadership of the United Conservative Party. The Premier has prioritized her political party's unity over national unity.

Unfortunately, this has become a deeply divisive conversation. Many Albertans feel increasingly polarized, even within their own communities, families and workplaces. And the threat of separatism is already creating economic uncertainty. Business leaders and economists have raised concerns about job losses, reduced investment and long-term harm to Alberta's reputation.

The most important thing to remember is that we cannot take the outcome of the referendum for granted. Every single one of us who loves our country and understands that we are stronger together must get out and talk to our neighbours about it. And we absolutely must get out and vote in the referendum on October 19.

Your Home Evolved

BEAUTIFUL SPACES RENOVATIONS

Photo by Sharon Litchfield

Before



CONGRATULATIONS TO THE CLASS OF 2026

FROM THE STAFF AT LILLIAN OSBORNE HIGH SCHOOL

Spencer Aab, Samuel Abba, Aseel Abdoun, Jassim Abdul-Rahim, Aysha Abdulelah, Zein Abo Daka, Claire Adams, Ayesha Adeel, Karma Ahmed, Lian Ahmed, Noor Ahmed, Zubair Ahmed, Yeeun Ahn, Aadil Ahsan, Hanna Aitelmaalem, Hadi Akbari, Hina Akbari, Ali Aktas, Yara Al-Salam, Jood Alawad, Ahad Ali, Ahyan Ali, Zizou Ali, Saeed Almkhdri, Francisco Alvarez, Adham Aly, Bassam Alzuabidi, Eliza Amin, Bello Aminu, Panshul Anand, Andie Andersson, Fajr Anka, Yalda Ardakani, Atiksh Arora, Yeewen Arul, Nour Asaleh, Kelvin Asamoah, Mohid Ashrafi, Rishabh Ashwin, Victoria Asimwe, Izaan Asim, Aikam Aulakh, Anaad Aulakh, Arshan Aulakh, Timi Awoluyi, Ibrahim Aziz, Kristin Bach, Mikala Bachinsky, Aryan Bagga, Tuana Julia Baharay, Ilene Bak, Adan Balangue, Kiera Ballantyne, Amer Bamahel, Hudson Banick, Farris Barakat, Alyssa Barnett, Kaely Barron, Kaylin Barry, Anjeleen Basi, Mannat Basi, Gabe Bathan, Jake Beaudoin, Calli Belisle, Aikamdeep Benipal, Malak Bennour, Belena Bermudez, Harjas Bharj, Riddhima Bharti, Mohan Bhatti, Layne Birbeck, Karter Bishop, Karson Bissoon, Alexander Botev, Ethan Bourgouin-Kirby, Lillie Bowen, Beckett Braddell, Bennett Brown, Etaniel Buhman, Jarrett Burke, Benjamin Burt, Quinn Butterfield, Alexander Bynum, Emily Cameron, Sarah Cameron, Alex Cao, Aidan Capicio, Simon Carnovale, Olivia Carson, Ryenne Carson, Thomas Caskey, Shaurya Chakrabarti, James Chan, Karina Chan, Vinia Chan, Noah Chang, Tanya Chaudhary, Janice Chen, Ricky Chen, Ryan Chen, Sarah Chen, Vicky Chen, Edwin Cheung, Pierce Cheyney, Tim Chi, Charlotte Chiu, Justin Chiu, Ariana Choi, Autumn Choi, Angie Chu, Curtis Chu, Callie Clark, Nataly Cortes-Herrera, Travis Cotterall, Harmony Cromwell, Kayleigh Cronin, Solomon Cummer, Jersey Cunningham, Katelyn Czarniewski, Aleckxa Dacasin, Priscilla Dai, Urva Dalal, Julia Dang, Traritri Das, Chayse Davison, Sienna Davy-Tim, Brianna Dayman, Aybria Deboski, Brian Deng, Liam Derrada, Dehandsome Desrouilleres, Oliver Deutscher, Harjoban Dhaliwal, Ishita Dhanju, Sebastian Diggle, Hanna Do, Jaeger Doering, Hailey Dola, Roy Domning, Keagan Downing, Matty Dubilowski, Hayden Durocher, Hayley Eamer, Amelia Edwards, Yousef Eisa, Hana El-Saidi, Zeina Elborae, Kaelyn Elford, Salma Elrefaei, Alaa Elsayed, Omar ElSayed, Youssef Elshamy, Wail Elsour, Scott Erskine, Hunter Everett, Daniel Fa, Carter Falvo Lazaruk, Jalaluddin Farid, Ahlem Fatima, Mahum Fatima, Yamna Fatima, Samia Fattah, Jacob Fechner, Meiya Feng, Abdelwahab Fetouri, Zoe Fitzgibbon, Samantha Fong, Matthew Freed, Abby Fritz, Gabriel Fung, Ivan Fung, Zachary Furtas, Esme Gafuik, Henry Gale, Stacy Gan, Alexander Gargus, Evan Garries, Nish Gautam, Dina Georgoulas, Gavin Gibbs, Owen Gibson, Aaliyah Gill, Ali Gill, Ishaan Veer Gill, Darien Gillis, Lucas Gnjatic, Larrina Gong, Sophia Goodine, Sahar Gour, Dallin Graham, Zachery Grant, Makenzie Green, Nav Grewal, Elma Gu, Kelvin Guan, Shreeya Gujral, Angela Guo, Choyeon Ha, Kashif Haider, Addisson Haluska, Adam Hamdan, Mashal Hameed, Clara Hamilton, Ruby Handlovsky, Safwan Haque, Emily Harnett, Sam Hashemi, Kareem Hashisho, Zak Hassan, Mariyah Heintz, Connor Hillson, Zachary Ho, Jack Hodges, Julius Holmes, Kade Hommy-Traynor, Nathan Horobec, Raheel Hossain, Lacey Hotz, Hannah Hsung, Adam Huang, Haywood Huang, Hillson Huang, Tiana Huang, Laken Hudkins, Andrew Hudson, Emily Hui, Ziqi Huo, Armaan Hussain, Falah Hussain, Sophie Hwang, Umut Icel, Hamayial Imran, Anson Ip, Cyrus Irani, Judi Ismail, Gloria Iyaoromi, Trae Jabs, Alice Jang, Muhammad Faizan Javaid, Urva Javaid, Aya Jawad, Arshdeep Jawanda, Jasmine Jecty, Pria Jeffrey, Kailey Jerace, Ricky Jia, Mark Jorgensen, Kaylah Joy, Braxton Judson, Michelle Kaban, Natalie Kaban, Mannat Kahlon, Alyia Kaila, Gajani Kajanathan, Zara Kamal, Aishlyn Kampitan, Tanisha Kanagarajeu, Sachet Kandola, Sehrit Kang, Bardia Karian, Heersa Khajehzadeh, Rashad Khaled, Reet Khinda, Ariana Khorrami-Arani, Gabriel Kim, Zane Kirby, Brayden Kitt, Brooklyn Knibbs, Kayleana Kolton, Hazel Kong, Natalie Kong, Hayden Kook, Ayah Koteh, Daniel Kovac, Holly Koziar, Dhruve Kumaria, Jotis Kung, Emircan Kus, Henning Kwong, Cyrus Lam, Ethan Lam, Katrina Lam, Riley Landsperg, Carson Lee, Catherine Lee, Harris Lee, Junha Lee, Matthew Lee, Miya Lee, Danilo Leon, Kate Leopard, Chloe Leung, Grisel Leung, Livia Lewis, Amy Li, Andrew Li, Edward Li, Evan Li, Fong Ching Li, Jayden Li, Jerry Li, Julie Li, Mia Li, Muen Li, Sarah Li, Siyang Li, Jordan Liao, Selina Lieu, Karina Likhonietova, Leon Liu, XiaoLin Liu, Brooklyn Loong, Larsen Loowell, Lily Lou, Jonathan Lu, Tristan Lu, Lex Lui, Srishti Luthra, Cynthia Ma, Eli MacDonald, Zoe MacDonald, Fiona Mack, Ainsley Mackenzie, Chisom Madu, Xavier Mahfuz, Kayla Mak, Faith Makokis, Jai Mann, Ewan Manning, Ethan Marcellus, Kyle Marit, Wyatt Mason, Mishka Mathur, Joshua McAmmond, Molly McCarron, Quinn McConaghie, Sabrina McCusker, Jacob McDonough, Lily McGale, Breslin McIver, Conroy McKinson, Grayce McMahan, Grady McMullen, Ian McMurtry, Neel Mehta, Taylor Melnick, William Melsness, Nadeen Merei, Gwenth Milka, Brendan Milne, Mawaiz Mirza, Daniel Mlambo, Lein Mohamed, Maryam Mohammadrezaei, Lily Moody, Gabriela Moreno Rincon, Omer Moughel, Humza Mughal, Teala Muller, Joe Munyuki, Sophia Musselman, Belinda Mwangi, Zeeshan Nasir, Armaan Nazari, O'Ryan Neilson, John Nejabatian, Amelia Ng, Celesta Ng, Cyrus Ng, Justin Ng, Katrina Nguyen, Nayela Nielsen, Sophie Nimitan, Jack Norsten, Hassan Noureldaem, Eli Oh, Borys Oksenenko, Paul Omogbenigun, Eden Ooraikul, Jaden Orgil, Ayodamola Oshin, Mariam Osman, Armaan Oudit, Inara Ozeroff, Tyler Ozum, Melina Pahlavan, Elly Pai, Sinan Paiwand, Daniel Palykhata, Ivy Pan, Simran Panesar, Supriya Parhar, Erica Park, Gwyneth Parsons, Micah Pasarica, Ruchi Patil, Rayene Patrunsu, Vienna Pedatella, Aditya Peddi, Aimee Pennock, Jorge Eliezer Perez Luciano, Vighnesh Perumal, Zhenya Pervukhin, Grace Pflughaupt, Nicholas Plakas, Jayla Plett, Arjan Pohar, Sarah Pohl, Kaitlyn Poon, Ranen Poon, Tamana Powar, Josh Powell, Kit Prince, Logan Prunty, Jacob Qi, Henry Qin, Bella Qiu, Jerry Qiu, Kelly Qiu, Aaron Quaghebeur, Ali Qurbanzadeh, Sarim Qureshi, Allan Rahal, Sara Rahman, Joban Rai, Anushka Rana, Sonali Ranaweera, Japleen Randhawa, Sandra Rasetic, Ava Rattai, Maira Rauf, Alvina Raza, Salvador Razo Ramirez, D'Jhonae Redwood, Hayden Rehman, Maggie Ren, Brandon Rewus, Ivan Riabukhin, Jace Richardson, Georgina Riddell, Mercedes Riley, Amy Rist, Sarah Rizvi, Anna Ro, Leia Robblee, De'Andrea Roberts, Kara Robinson, Kabryn Rochette, Xavi Rodas, Ariel Romans, Siddharth Roopesh, Ben Roth, Arni Roy, Logan Ruberry, Dalila Rubuliak, Kyan Sadeghi, Suchir Sahni, Krishi Saini, Benjamin Saison, Sabrina Sakhi, Kirsten Salazar, Haitham Salum, Sydney Samuel, Selgei Sana, Nischay Sandhu, Sabreen Sandhu, Ishaan Sangha, Ana Savga, Luciana Sawada, Amber Schindeler, Hudson Schneider, Ashton Schroder, Lakyn Schumacher, Akshaya Segu, Avintika Semwal, Saanvi Shah, Bardia Shams, Aaryan Sharma, Ella Sharples, Megan Shelley, David Shen, Gavin Shen, Sage Shergill, Silas Shillabeer, Seongmi Shin, Kian Shirvani, Bohdana Shkuratko, Casper Shu, Ashmeen Sidhu, Harsidak Sidhu, Baxter Simmons, Joshua Simmons, Kate Simon, Armen Singh, Banit Singh, Rylan Singh, Sofia Singh Kaur, Mya Skeik, Audrey Slavens, Nathan Smith, Samantha Sobrevilla Segura, Grace Soliman, Mya Sra, Shaan Sra, Keira Stephens, Mark Stewart, Seth Stobermann-Bates, Brooke Stringham, Erick Sui, Hashir Sultan, Za'nyah Sunderji, Eva Sung, Anna Sveistrup, Will Swekla, Royam Syed, Zonara Syed, Ziv Tamba, Bernice Tang, Lucas Tang, Polina Tantsiura, Kevin Tao, Fatemeh Tavakoli Afshari, Raynon Taylor, Miel Teleb, TJ Temisanren, Sophia Tian, Pak Hang Tsui, Jovin Tung, Shagun Upadhyaya, Yusuf Uzumcu, Delila Vaage, Amirreza Vakili, Luka van Manen, Tessa Viczko, Nicole Walker, Andrew Wang, Jayden Wang, Sean Wang, Xilin Wang, Tyrus Whitford, Avi Wong, Cameron Wong, Emily Wong, Jerry Wong, Jeslyn Wong, Robin Wong, Austin Wong-Petrovicz, Wynter Woolley, Alexandra Wright, Daniel Wu, Justin Wu, Sharlise Wu, Crystal Xiao, Iven Xiao, Daniel Xie, Sophia Xie, Alan Xu, Joseph Xuan, Aman Yadav, Rishi Yadav, Yanshu Yang, Amy Yeung, Alexander Young, Hannah Yuen, Fariha Zafreen, Rania Zaghdoud, Catherine Zhang, Jessica Zhang, Xi Yue Zhang, Ximei Zhang, Jason Zhao, Kristen Zhao, Michael Zhao, Isaac Zheng, Yue Yue Zhou, Anwen Zhu, Jaydon Zijia Zhuang, Polina Zhukova, Kate Zolkavich, Peter Zou, Maria Zourpakis, and Kaila Zukiwsky.

PASSION - RESILIENCE - COMMUNITY - CHARACTER

2019 Leger Road NW Edmonton, AB. T6R 0R9 P: 780-391-2450 F: 780-391-2470 W: LOHS.CA @LOHS_Legends



Tim Spelliscy — community builder extraordinaire

Behind a celebrated broadcasting career is a lifelong commitment to serving the Edmonton community.

By Dave Rumbold

Tim Spelliscy is a familiar face in Edmonton, well known from his years at CITV and Global and his work covering the Edmonton Oilers. With his enthusiastic personality and high-profile media roles, it's easy to miss Tim's community contributions. He's made a real difference in Edmonton and in the southwest for years.

Growing up, Tim lived in several Canadian cities as his father moved around with the Hudson's Bay Company. The family moved here and stayed when Tim was in grade 6, and he's been an Edmontonian with deep connections ever since. Tim's broadcast industry career began with roles in radio in Grande Prairie and Regina for a few years. He then returned to Edmonton to work at CFRN and transitioned to CITV after 3 years, just as the Oilers joined the NHL in 1979. At CITV (later ITV, then Global) he was a Reporter and News Anchor into the mid 1980s.

Tim was front and centre during the remarkable era when the Oilers won five Stanley Cups in seven years. He hosted ITV coverage of home and away games from 1980 to 1992 and knew the team well. The Oilers had unmatched talent and depth, led by Wayne Gretzky who eventually retired with 61 NHL records. Tim recalls that the experience was incredibly special and there are too many highlights to mention! Tim moved into Global management in the 90s, eventually serving in senior leadership roles in Edmonton and western Canada.

Over the years Tim has volunteered and led many organizations. He's served as Honorary Chief Factor with Fort Edmonton, with the Edmonton Oilers Community Foundation Board and volunteered with the ALS Society of Alberta. He's Chaired the Catholic Social Services Sign of Hope Campaign, volunteered with St. Joseph's College and supported

the LaSalle Residence and Lurana Shelter, which serve women and children in need. Tim is currently Board Chair at Covenant Health and has served there and with the Covenant Foundation since 2018. Tim often serves as an Emcee throughout the City, recently moderating the TRAC Ward pihêsiwin civic election forum.

Tim has been recognized with a Lifetime Achievement Award from the Radio-Television Digital News Association of Canada, and the Kevin Carr Christian Leadership Award from Newman Theological College. He also received the Queen Elizabeth II Diamond Jubilee Medal for community service.

Tim says that he's been very fortunate to be at the "right place at the right time." He's enjoying retirement and chose to stay here during his career and afterwards because of our quality of life, his proximity to family and countless friendships. Tim is a classic Edmontonian, giving



Tim Spelliscy has spent decades supporting Edmonton through volunteerism, leadership and community service.

back because it's the right thing to do without regard for recognition. His father's community leadership greatly influenced him, and he says people shouldn't sit back — they should contribute to something that interests them. Thank you for your ongoing contributions, Tim. You are making a real difference here in Edmonton!

**Our Community,
Your Voice**

Sign up for my monthly e-newsletter!
Email "add me" to
Edmonton.Whitemud@assembly.ab.ca

Rakhi Pancholi
MLA, EDMONTON WHITEMUD (780) 413-5970
#203 - 596 Riverbend Square
Edmonton.Whitemud@assembly.ab.ca

Geneva Luxury Watch Service

**Professional, Fast and Reliable
Repair and Service of Luxury Watches**

Such as Rolex, Tudor, Omega, Cartier, Chopard, Breitling, Longines, Tagheuer, Movado, Baume & Mercier and others.

Anatolio Rysko former master technician at Swedish Jewellers for past 16 years, "the expert watchmaker".

Service by appointment only.

Call 780-341-1515 or 780-907-3701

www.genevaservice.ca
email: genevaservice@telus.net

Riverbend Dental Clinic
Comprehensive General Dentistry

Riverbend Dental Clinic Team
Dr. Wayne E. Hackman, B.Sc., D.D.S.
Dr. Marcus A. Hackman, B.Sc., D.M.D.

- Comprehensive General Dentistry with an Emphasis on Prevention
- TV's in Every Room for Your Comfort
- Cosmetic Dentistry Available

Hours of Operation

Monday	1:00 p.m. - 8:00 p.m.
Tuesday & Friday	9:00 a.m. - 5:00 p.m.
Wednesday	1:00 a.m. - 8:00 p.m.
Thursday	8:00 a.m. - 4:00 p.m.
Every 2nd Saturday	10:00 a.m. - 2:00 p.m.

Suite 200, 5651 Riverbend Road
Edmonton Alberta T6H 5K4 **Phone (780) 435-3555**

Your summer market destination

Discover fresh seasonal foods, family activities and community connections every Wednesday at SWEFM.

By Lisa Jodoin, market manager

Summer's finally here! And stopping by the Southwest Edmonton Farmers' Market (SWEFM) before heading out of town is a great way to start the season. Whether you're planning a camping trip, hosting a backyard barbecue or simply looking to enjoy the best fresh local products available, the market has everything you need for a memorable Alberta summer.

The market is now in full swing, featuring all your favourite vendors and an incredible selection of fresh seasonal products. Fruit lovers can enjoy the arrival of delicious BC produce from vendors such as Red Apple, Steve & Dan's and AIG. From juicy cherries and berries to fresh peaches and other summer favourites, there is no shortage of healthy and flavourful options to enjoy at home or take along on your next adventure.

For those looking to fill their tables with fresh vegetables, SWEFM's growers are offering an abundance of seasonal choices. Vendors including S4 Greenhouse, Riverbend Gardens and Olla's have everything needed to create crisp summer salads, fresh side dishes and nutritious meals. Shopping locally not only provides families with farm-fresh produce, it also supports hardworking growers who are an important part of our regional economy.

No summer gathering would be complete

without great food on the grill, and Sunworks Farm continues to be a favourite destination for premium meats and barbecue essentials. Whether you're planning a family cookout or stocking up for a weekend at the lake, shoppers can find quality products while supporting local producers.

The market's talented bakers have also been busy preparing a tempting variety of treats perfect for summer entertaining. Fresh pies, cakes, cookies, pastries and desserts make it easy to impress guests at backyard gatherings or satisfy a sweet tooth around the campfire. Many shoppers make the market their first stop before a road trip, knowing they can find homemade goodies that travel well and add a special touch to any holiday weekend.

Children under the age of 12 can participate in our Sprouts program, giving each child a token to be used at participating vendors' booths.

Make sure you stop by on Canada Day for some fun and excitement to celebrate Canada's Birthday. Entertainment will include a bouncy castle, corn hole toss and some special character guests. SWEFM is ready to help make your summer holidays both delicious and memorable.

Join us every Wednesday throughout the summer from 3:30 to 7:30 p.m. at the Booster Juice Recreation Centre in Terwillegar. If you have some



Where Communities, Farmers and Artisans come together



The Southwest Edmonton Farmers' Market brings together local vendors, organizations and residents each Wednesday.

time to spare this summer, please see our volunteer information at swefm.ca.

Please follow us on Facebook and Instagram to continue to get updates throughout the summer!



Green Shack Program
Edmonton

FREE DROP-IN GREEN SHACK PROGRAM

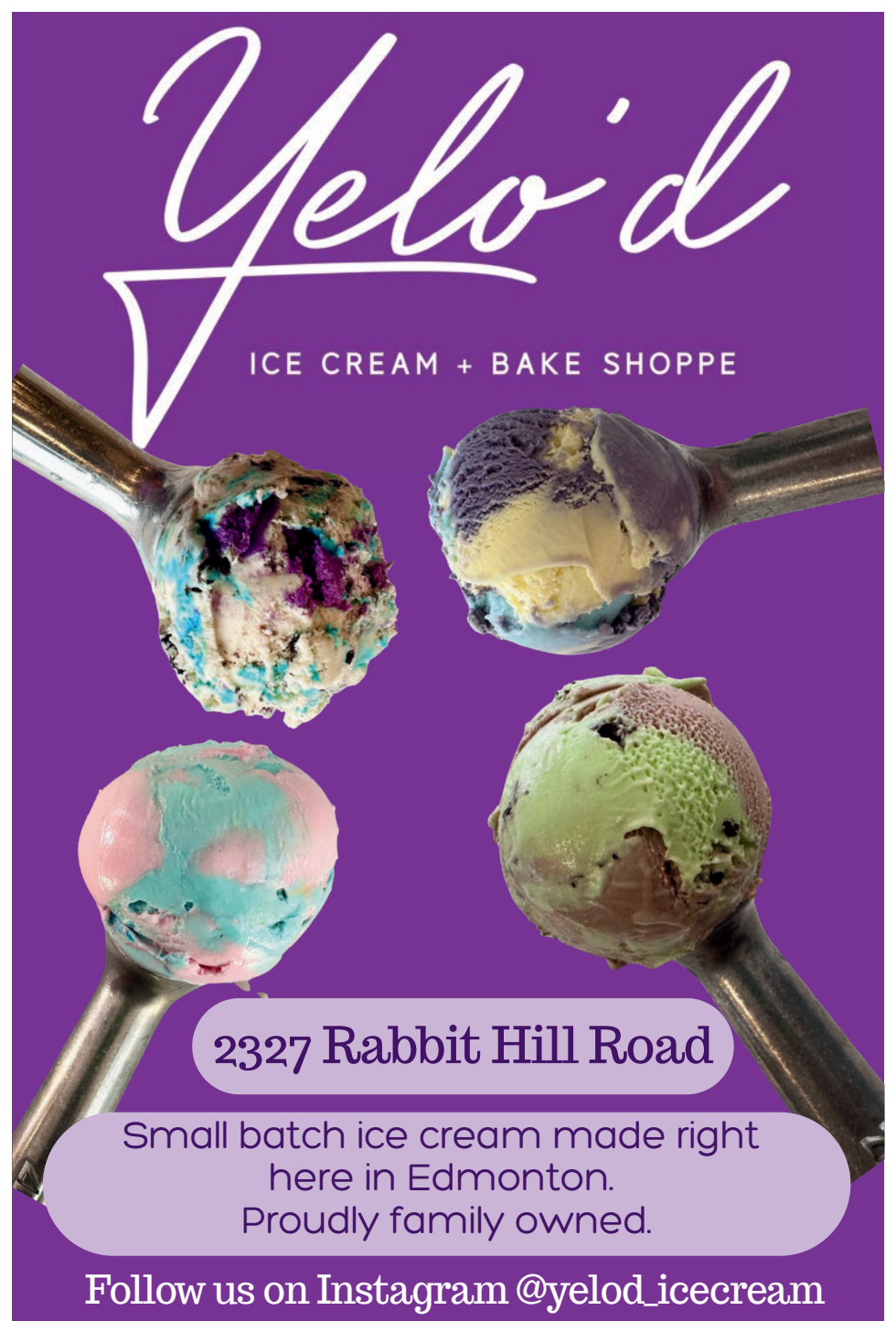
Each day of the week you will get active and experience a variety of crafts, games, sports, and free play!

This program is targeted for **children aged 6-12**, but all children accompanied by an adult are welcome to attend. Come join us **Monday to Friday from June 29 to August 21**. See you there!

Brookside Park 10 am - 1 pm
Thomas Rhatigan Park 10 am - 1 pm
Brander Gardens Park 2 pm - 5 pm
James Ramsay Park 2 pm - 5 pm

The City of Edmonton would like to acknowledge that our programs respectfully take place on Treaty 6 Territory, and Metis Nation Region 4.

Get in touch with us:
Email: greenshack@edmonton.ca
For more information and to find additional locations, call 311 or visit: edmonton.ca/Greenshacks



Yelo'd

ICE CREAM + BAKE SHOPPE

2327 Rabbit Hill Road

Small batch ice cream made right here in Edmonton.
Proudly family owned.

Follow us on Instagram @yelo_icecream

The 2026 TRAC Community Run/Walk – a true community gathering

Runners, walkers, volunteers and sponsors helped make the annual TRAC Community Run & Walk another success despite challenging weather.

By Karin Shott & Dave Rumbold

The TRAC Community Run & Walk was held on Sunday, May 31, maintaining a wonderful Riverbend/Terwillegar tradition dating back to 2005. The weather didn't completely co-operate this year with steady rain and the temperature struggling to get to 10 degrees Celsius. With additional wind chill, it seemed much colder!

Over 225 participants registered this year, and most made it out despite the weather, participating in the 1K, 3K, 5K and 10K events. A wonderful cross-section of our community showed up with all ages and fitness levels represented, and a significant number of families participating together. This annual fundraiser serves to promote physical activity with family and friends, achieving personal fitness goals and building community together.

Huge thanks to Councillor Elliott for emceeing the event and MLA Pancholi for assisting with medal presentations. Special thanks to Stephanie Urquhart (City of Edmonton) who took care of the warm-up, Justin Ng (event coordinator, The Running Room), and Kyle LaFontaine (Results Canada) for taking care of the timing. African drumming at the 1K turn around spot was provided by Sangea Academy (even in the rain!). RE/MAX provided the Festival Tents. A special thank you to race director Sue Trigg and TRAC Community Office Administrator Karin Shott for all their hard work.

Partnering with us this year were Amy Tsang, Senior Portfolio Manager, TD Wealth, Geoff Bean, Division Manager, Crystal Glass, Omnia Dental Clinic and The Running Room.

Platinum Sponsors were: Better Player, Booster Juice, Brookview Dental Clinic, Miller Thomson, The Medicine Shoppe - Haddow and RE/MAX.

Gold Sponsors: COBS Bread-Riverbend, Mary Browns Chicken, Panago, REP Physio and Supplement World-Terwillegar.

MacEwan University students

provided mini massages which were very much appreciated.

Bronze Sponsors: A&W, Brookview Montessori, Freson Bros., Press'd Sandwich Shop, Save-on-Foods and the City of Edmonton.

The post nutrition station included coffee and hot chocolate, fresh fruit courtesy Freson Bros., granola bars courtesy Save-on-Foods Magrath and delicious baked goods from COBS Bread-Riverbend. Panago Pizza provided tasty pizza, Crystal Glass provided water, Omnia Dental had waters and delicious Krispy Creme donuts and S4 Greenhouses Ltd (a Sprouts vendor participant) provided healthy veggie bags.

Door prizes included a bottle of wine from Crestwood Fine Wines (at the old Vines Wine Shop), supplements from Supplement World, gift cards from Simply Supper, gift cards from The Running Room, floral arrangements from Swish Flowers and a multitude of great prizes for the kids.

Amariani Ramirez, with A&F Fotografía, Marketing y TI Solutions took care of the photos. Be sure to check out yegtrac.ca for more fabulous photos of the event.

Many thanks to the dedicated volunteers, including students from



The annual TRAC Community Run & Walk brought together families, friends and fitness enthusiasts from across southwest Edmonton. Photos: Michael Ganley

Lillian Osborne and Harry Ainlay High Schools and residents from our eight community leagues who came out to help set up, take down, help along the route and everything in between. We could not have held the event without all your help!

Watch for next year's TRAC Community Run/Walk on the last Sunday of May — we hope to see you there!

RIVERBEND COMMUNITY LEAGUE - MARK YOUR CALENDARS!

BRIDGE PROGRAM – EVERY WEDNESDAY

CONTINUING THROUGHOUT THE SUMMER! Drop in every Wednesday from 12:30–2:30 pm at Riverbend Community Centre, 258 Rhatigan Road East. Some knowledge of how to play is useful. No registration needed. A valid Community League membership and \$5 drop-in fee is required (cash only).

BROOKSIDE RINK OFF-LEASH DOG AREA

NOW OPEN! Bring your pups to run and play in a big, secure, enclosed space at 5320 143 Street. To ensure everyone has a great experience, we kindly ask all users to follow the posted rules and keep the area clean. Open daily from 7 am to 9 pm.

COMMUNITY LEAGUE SWIM

STAY COOL THIS SUMMER! If you have a current Riverbend Community League membership, be sure to take advantage of free weekly swim hours.

Saturdays from 4–5:30 pm at Confederation Leisure Centre
Sundays from 5–7 pm at Booster Juice Recreation Centre in Terwillegar

UPCOMING EVENTS AND PROGRAMS!

More details on these items are coming soon. Keep an eye on the Riverbend Community League website at riverbendonline.ca for the latest updates.

YOGA CLASSES starting in September – Scheduled on Monday, Wednesday and Friday mornings from 9:30–10:30 am, and new this fall, Wednesday evenings from 7–8 pm.

BIG BIN EVENT on a Saturday in September – RCL members will have the opportunity to drop off items that can't be set out for regular collection. Items not accepted will include household hazardous waste, gas-powered equipment, and waste from businesses. Proof of Riverbend Community League membership will be required.

CONCERT AT THE CAGE on September 19 – Our annual event that features music, friends, and fun. Snacks and beverages will be served.

CASINO on November 11 and 12 – We will be looking for volunteers to support this fundraiser. Daytime and evening shifts across two days will be available and we would love to have you join us.



WE NEED YOU!

Make a lasting impact in the Riverbend neighbourhood! The Riverbend Community League is seeking a dedicated volunteer to join our Board of Directors as Secretary. Shape local initiatives and give back to our community. Email us at info@riverbendonline.ca to learn more!

JOIN OUR BOARD AS SECRETARY!

Connect with us!

riverbendonline.ca
facebook.com/riverbendCL
instagram.com/Riverbend_CL



Smarter than your gadgets

A humorous look at overcoming tech anxiety and learning new skills at any age.

By Sue Paulson

Maybe you once approached technology like I did – tentatively or fearfully. Remember the fax machines of the late 80s with dial-up modems? I wrote down all 12+ steps needed for a successful send. I failed often. But I needed to know for my business, so I persevered.

Then came the internet — more fantastical than even the Jetsons imagined. So, I embraced that too. I confess I still have a love/hate relationship with technology. When it works or I know how to work it, I love it. It saves me time and opens my window to the world amazingly. When things go wrong... need I say more?

Take paying for parking as an example. Once upon a time, a polite

attendant staffed a tiny booth, took your money, and gave you a stub to display on the dashboard. Fast forward to this past week where I used my phone to capture a QR code and pay electronically. I know many over 65 (we have over 138,000 seniors in Edmonton) who spend an extra half hour searching for free street parking or don't bother going just to avoid this tech nightmare. And it is a nightmare until you learn to use it. Bless the young people lined up at the machine behind you who will quickly help you so they can have their own turn.

I keep waiting for the honeymoon period of all this tech to be over. Now I'm thinking I might not live long enough to see that, so it's either embrace it or get left behind. Truly, I sometimes long for the good old days when

nobody bugged you with a text or a call because you weren't home to respond. Remember landlines? (And nobody called during dinner either — because it was rude!)

Fear is the biggest challenge when it comes to embracing technology. I leaned heavily on my son, our resident tech genius, until he got fed up and said, "Mom, just Google it!" So, I did. If you're a curious person, you can learn the oddest and most fascinating things — like how to identify and treat mealy bugs on a jade plant.

We seniors are tough, determined, and smart. If you don't know how to easily operate those gadgets that have more buttons than a rocket ship, check out classes at the library, bug your knowledgeable friends or search for videos on YouTube. Don't be afraid to admit

you don't know.

Here's an embarrassing story to prove my point. I was at my son's watching over the dinner while my daughter-in-law picked up their twins. My instructions were to add a can of tomatoes to the pot. I found the can opener. But it didn't work like mine, and despite several attempts, the can stayed shut. Stubborn, I wasn't about to confess my failure, so I quickly looked up the brand online and voila — a video on how to use their product! Thanks, YouTube!

Rather than staring helplessly at your smart gadgets, decide that you're smarter and commit to learning how to use them. You'll be glad you did — and your kids will be both proud and relieved!



William Lutzky YMCA, 1975-111 St. NW

Phone: 587-987-3200 Email: info@swesa.ca Web: swesa.ca



Helping a select group of families get the most out of life.



Graeme has been a trusted advisor providing wealth management services for over 30 years. Our team is here to help!

As your success grows, we collaborate with your financial experts to navigate complexities.

**Are you looking for a second opinion?
To discuss your retirement, tax or estate plan, contact our team!**

› 780-412-6614 › smfinancialgroup@nbc.ca
› smfinancialgroup.com

National Bank Financial - Wealth Management (NBFWM) is a division of National Bank Financial Inc. (NBF), as well as a trademark owned by National Bank of Canada (NBC) that is used under license by NBF. NBF is a member of the Canadian Investment Regulatory Organization (CIRO) and the Canadian Investor Protection Fund (CIPF), and is a wholly-owned subsidiary of NBC, a public company listed on the Toronto Stock Exchange (TSX: NA).

Ward updates and community conversations

Councillor Mike Elliott shares details about an upcoming snow and ice town hall and provides an update on the 53 Avenue dedicated bus lane.

By Mike Elliott, City Councillor, Ward pihêsiwin



Happy June! I would like to share a few key updates with you about some things happening in the Ward.

You're Invited to My Snow & Ice Town Hall

My office has been carefully tracking all feedback regarding the City's current Snow & Ice strategy. I would like to take the opportunity to do a deeper dive into what I have heard so far from you, and also hopefully take this opportunity to hear some new perspectives.

The town hall will take place on Monday, June 29 from 6:30 until 8 p.m. in multi-purpose room #4 at the Booster Juice Recreation Centre (2051 Leger Rd NW). You can find more details and the link to join virtually on the Facebook event page, by scanning the attached QR code.

Please note, you are not required to RSVP to this meeting. Please contact my office if you have any questions about how to join the meeting.

53 Ave Dedicated Bus Lane

Thank you to everyone who has reached out to my office and for sharing your feedback with me regarding opening up the 53 Ave bus lane to private vehicle traffic. I appreciate the frustrations with the traffic congestion in this area and how this may seem like a viable solution to those problems.

It is important to note that, during the early stages of the Terwillegar Drive Expansion Project, the previous Provincial governments agreed to fund the project on the understanding that it would prioritize and improve transit service for the area.

The City's obligation to construct dedicated bus lanes remains as part of the continued Provincial funding agreement. Moving away from the agreement has the potential to jeopardize future funding.

One option I explored was the possibility of converting the bus lane into a High Occupancy Vehicle (HOV) lane, which would allow taxis, ride-share vehicles, and vehicles carrying three or more occupants to use the lane alongside buses. However, this would not be an ideal solution as EPS and the City of Edmonton do not have the resources to properly enforce an HOV lane at this time.

With respect to the suggestion to open the lane to private vehicle traffic during off-peak hours, this is not recommended as it would be difficult for the City to manage and would likely create confusion and frustration among drivers who become accustomed to using the lane when the time comes to change the lane back to a bus-only lane. Traffic Engineers also noted that this would open up the opportunity for traffic splitting as traffic could use the ramp over the 53rd Ave bridge to bypass the Whitemud. This would be a traffic safety issue.

Recently, I met with ETS to further discuss the planned usage for this bus lane, and they have shared that starting in late June, bus Route 31 will run during weekdays, every 15 mins during the hours of 7 a.m. to 9:30 a.m. and 2:30 p.m. to 5:30 p.m. The bus will run every 20 mins between 9:30 a.m. and 2 p.m., and will run every 30 mins between 6 a.m. and 7 a.m. and between 5:30 p.m. to 9:30 p.m. The bus will not run on weekends.

I understand the concerns regarding the significant investment in this infrastructure and the perception that the lane is currently underutilized. However, with upcoming service changes and continued growth in the area, bus usage along this corridor is expected to increase significantly. Administration has also assured me that they will be monitoring ridership levels, and will be making changes to this route as needed.

In conclusion, I support the bus lane remaining dedicated for bus-use only, as it would be shortsighted to change the use of the lane before the intended system is even implemented. After the system has been implemented and we have the opportunity to see it function as intended, I would be open to revisiting the discussion of converting the lane to an HOV lane again if we do not see a reasonable uptake in transit service for the area.

Thank you for taking the time to read my message, and please continue to contact me with all of your municipal questions and concerns. I can be reached at mike.elliott@edmonton.ca or 780-496-8130.



46 64 FITNESS

Website: www.4664fitness.com
 Email: 4664fitness@gmail.com
 Phone Ruth at 780.919.3313

Get fit on your terms - **Online Personal Training**
 Convenient and Affordable for busy adults 46 to 64!

Follow Us:

CLASSIFIEDS

PIANO LESSONS From a Fun, Friendly Piano Teacher With Over 30-Years Experience. All Ages and Levels Welcome! FREE TRIAL LESSON – CONTACT MRS. LAI AT 780-473-4880.

WANT TO TAKE OUT A CLASSIFIED AD? CONTACT:
ADS@RIVERBENDONLINE.CA
 OR 780-437-7108

Make Everyday Extraordinary

At Comfort Keepers®, we provide in-home care that helps seniors and others live safe, happy and independent lives in the comfort of their own homes.

- Personal care
- Companionship
- Respite care
- Errands

Ask us about the Alberta Government paid Client Directed Homecare Program

780-465-4665

www.comfortkeepers.ca/edmonton

16

YEARS

SERVING EDMONTON

NOW OPEN **TEAM LIQUOR HOUSE**
LEADER OF EVERYDAY LOW PRICES
SALE EFFECTIVE JUNE 23- JUNE 30, 2026

 750 ML EL DORADO 12 YRS RUM 28.99		 750 ML C.M. SPICED RUM 22.99	 750 ML RYAN'S IRISH CREAM 12.99	 750 ML CROWN ROYAL 25.99	 750 ML SMIRNOFF VODKA 19.99	 750 ML APOTHIC RED 10.99	 1.75 Ltr T-REX VODKA 19.99
 750 ML J.P. SPECIAL BLEND 18.99	 750 ML JAMESON WHISKEY 28.99	 750 ML BOMBAY SAPPHIRE GIN 24.99	 750 ML MAKERS MARK 28.99	 750 ML ALBERTA PREM/PURE 18.99	 750 ML 1884 /LUIGI MALBEC 13.99	 750 ML OYSTER BAY S.BLANC/P.NOIR 13.99	 750 ML C.MOON MALBEC /PINOT/CAB SAUV 7.99
 750 ML WOODBIDGE CAB / PINOT/S.BLANC 9.99	 750 ML BASK CAB SAUV. /PINOT GRIGIO 8.99	 750 ML RUFFINO CHIANTI 10.99	 750 ML LA MARCA PROSECCO 14.99	 750 ML BRANCOTT SAUV.BLANC 11.99	 750 ML J.LOHR CAB SAUV 19.99	 4 CAN SAPPORO 12.99	
 BUD LIGHT	 Budweiser	 Coors LIGHT 24 CANS 36.99	 Molson CANADIAN	 750 ML BLANTON'S ORIGINAL 79.99	 12 BTLs Corona Extra 26.99	 STELLA ARTOIS	
 15 CANS Labatt Lite 20.99	 15 CANS OLD MILWAUKEE 21.99	 18 CANS Kokanee BEER 25.99	 15 CANS KEYSTONE LIGHT 19.99	 15 CANS KINETIC LAGER 12.99	 15 CANS Scud BEER 23.99		

PRICE MATCH GUARANTEED! **14908 45TH AVE NW, EDMONTON, AB**
+1 780 721 7275 *PRICES DISPLAYED EXCLUDES BOTTLE DEPOSIT & GST*
FRI & SAT 10 AM - 12 AM
SUN - THURS 10 AM - 10 PM

Looking back, looking ahead

Trustee highlights student accomplishments and positive developments across Edmonton Public Schools.

By Julie Kusiek, Trustee, Edmonton Public School Board



Congratulations and Happy Summer! Just like that, we are at the conclusion of another school year. In spite of yet another year of challenges across Alberta's education system, students, staff and families at Edmonton Public Schools have a lot to be proud of. Staff across Edmonton Public Schools pulled together to ensure students received an excellent education. I have immense gratitude for these efforts because students and their learning are at the heart of what we do. Our schools continued to build strong communities together. Students continued to learn, achieve growth, excel and win awards. Thank you to each and every volunteer who contributed by bringing treats for staff, assisting on field trips and showing up in so many other ways. Public education is beautiful because it brings together community and ensures that every single child, no matter their life circumstances, has the opportunity to learn.

As a Board of Trustees, we approved a new Strategic Plan and Four-Year Education Plan for

the upcoming 2026-2030 cycle. I am also pleased to share that advocacy over the past few years is paying off and we have more new schools under construction and that existing schools will have improved budgets for next school year. Of course, this is ongoing work and there remains more to do.

As your Ward F Trustee, I continue to connect directly with schools and encourage anyone in our community who has questions or comments about public education to get in touch anytime. I'm happy to chat or respond to your emails (email me at trustee.julie.kusiek@epsb.ca). You can also subscribe to my newsletter or follow me on Instagram, Facebook or LinkedIn.

Finally, congratulations to students for your hard work and a special shoutout to grade 12 grads. Please know that our community needs you, your talents, your ideas and your potential — no matter what your next steps after high school will be. Keep it up and all the best in your future endeavours. Please feel free to reach out anytime to let me know where life has taken you beyond K-12. It's always great to hear from you!

Wishing everyone a rejuvenating and joy-filled summer.

Watching for an invasive threat

Residents can help monitor for emerald ash borer, an invasive insect that has devastated ash tree populations across North America.

By Sacha Curran, *Urban Forest Health and Stewardship Educator*

The recent discoveries of Dutch elm disease (DED) in Edmonton serves as a reminder that protecting urban forests requires ongoing investments of resources supporting vigilance, monitoring and collaboration among municipalities, provincial and federal agencies and the community.

Today, there is another concerning invasive tree pest on the horizon.

Emerald ash borer (EAB) is an invasive beetle responsible for the loss of hundreds of millions of ash trees across North America since it was first detected in 2002. With larvae feeding on inner tree tissues, cutting off circulation of essential water and nutrients, EAB is difficult to detect. Once an ash tree is infested, 99.9% of these trees will die within 1-3 years. Together, elm and ash trees make up over 40 per cent of Edmonton's urban canopy, providing shade, cleaner air, beauty, wildlife habitat and countless other benefits.

While EAB has not yet been detected in Alberta, it continues to spread westward, underscoring the need for proactive and broad monitoring.

Municipalities across Alberta are actively monitoring public ash trees located along streets, in parks and within other municipally managed spaces. These efforts are carried out in collaboration with organizations such as the Society to Prevent Dutch elm disease (STOPDED) and the Canadian Food Inspection Agency (CFIA), whose expertise and resources play a key role in invasive species preparedness and response. However, many more ash trees are located on private property, where regular monitoring often depends on homeowners, property managers and community members.

The Emerald Ash Borer Monitoring in Alberta project was designed as a citizen science initiative to support public awareness and engagement in monitoring ash trees in these spaces across Alberta. Acting as a research-based website, Community Field + Forest hosts this project where visitors can gain information on ash tree identification, EAB biology, signs and symptoms of EAB infestation. Additionally, a dedicated iNaturalist project page has been developed to further support community monitoring. Uploaded photos and observations create a real-time monitoring map with traceable trends and clusters extending and informing current surveillance efforts.

Community Monitoring for the following signs and symptoms of EAB in ash trees includes:

- Signs: EAB beetles on bark or tree leaves (Promptly Report)
- Signs: D-shaped exit holes in the outer bark left by emerging adult beetles (Promptly Report)
- Symptoms: Increased woodpecker activity
- Symptoms: Thinning or declining ash tree canopies, particularly in the upper branches
- Symptoms: Shoots growing from the base and/or midway up tree trunk
- Symptoms: Vertical bark splits and cracks

Prompt reports are directed to the 311 phone/online service contact centre. The STOPDED Hotline is also available for support: 1-877-837-ELMS (3567).

Visit communityfieldandforest.ca for more information. Tree monitoring cards and posters are available for distribution. Protecting thousands of trees in our city starts with one observation.

Sacha Curran is founder of Community Field

Summer Reading Fest at EPL is coming soon!

Books, activities and prizes await young readers at Edmonton Public Library's Summer Reading Fest.

By Emily Paulsen

Dive in! Read, create, and explore this summer with Summer Reading Fest.

There are amazing free classes and events happening at all 21 Edmonton Public Library (EPL) locations, in addition to exciting special guest performances. Starting June 27, visit any EPL branch to sign up for our summer reading challenge and pick up your reading log. For every six hours that you read, you can make your own button (while supplies last) and get a prize ballot for your chance to win one of our weekly book prizes or one of our five grand prizes:

- World Water Splash Adventure: Four passes to the World Waterpark at West Edmonton Mall and a \$100 mall gift card
- Ultimate Curiosity Prize Pack: Features four National Geographic science kits and a 5000 Awesome Facts book
- Ultimate Brick Adventure Pack: Includes two LEGO sets, a large Creative Brick Box and a book
- Bot-tastic Builder Pack: Features two STEM robot kits and a Wild Robot paperback boxed set
- K-Pop Superstar Pack: Includes a Karaoke machine and K-Pop Demon Hunters poster book and comic book

At the Riverbend branch, celebrate the start of summer with us on Saturday, June 27 from 1-4 p.m. for drop-in fun! We'll have special programs going on all summer for preschoolers up to age twelve. Join our amazing and creative staff for Video Game tournaments, Campfire Tales, Wiggly Jiggly Jellyfish and Dino Swamp! Our special guests include WEM's Spineless Wonders, Kompany Family Theatre, Métis + Moccasins with Musée Heritage Museum, Beyblade Building Challenge with Youth Engineers, Making Library Magic with Jay Flair and Spandy Andy's Big Balloon Party! Most of our summer programming is drop-in, but space is limited.

Motivate your kids to keep reading this summer and join us for lots of fun! Visit epl.ca/SummerReadingFest and scan the QR code above to see Riverbend's events.



Emerald ash borer is an invasive beetle that poses a significant threat to ash trees.

+ Forest.

T&V Plumbing

HEATING  **GASFITTING**

Serving Edmonton & Surrounding Areas

CALL OR TEXT: 780-993-2986

Whether it's essential maintenance or a fresh new look, we can get the job done!

Required Maintenance Services:

- Hot Water Tank Repair & Replacement
- Leaking Faucets
- Running Toilets
- Pipe Repairs
- Sump Pumps
- Garburators



Cosmetic Plumbing Upgrades:

- Toilet Replacement
- Faucets & Sinks
- Showers & Tubs
- Gas Lines for BBQs, Stoves & Garage Unit Heaters



- ✓ Reliable. Affordable. Experienced.
- ✓ Quality Work You Can Trust.

Call your neighbourhood plumber today!



PROTECTING THE ONES YOU LOVE
RADON SOLUTIONS
ALBERTA



Radon is the #1 cause of lung cancer in non-smokers* and is found in every home.

What are the radon levels in your home?

Call Radon Solutions Alberta for more information

Radon Solutions Alberta Inc.

Phone: (780) 652-2440

Email: info@radonsolutionsalberta.ca

Website: www.radonsolutionsalberta.ca

*<https://www.canada.ca/en/health-canada/services/health-risks-safety/radiation/radon/health-effects.html>

SUMMER CLASSES

IN RIVERBEND



KIDS & ADULTS

Ballet
Hip Hop
Latin/Ballroom



@elitedancestudioyeg

www.elitedancestudio.net

elite
Dance Studio

You're Invited to an In-Person & Virtual Snow & Ice Town Hall with Councillor Elliott

DATE: Monday, June 29, 2026

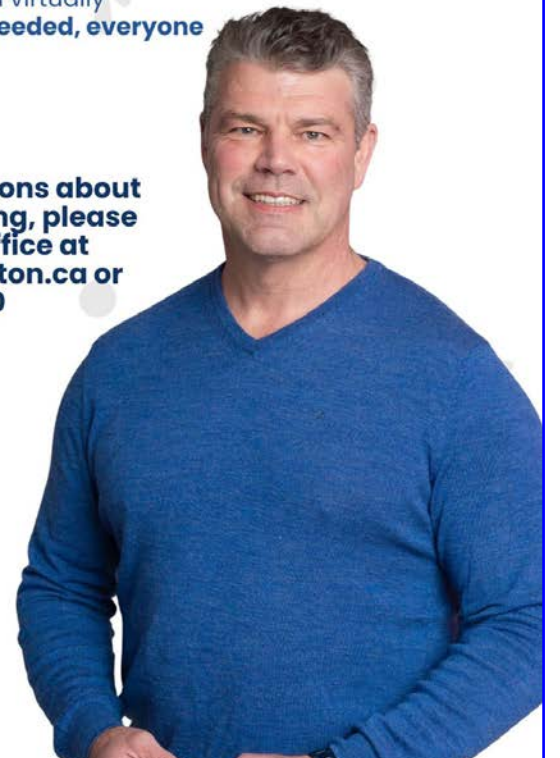
TIME: 6:30pm - 8:00pm

LOCATION: Multi-Purpose Room #4, Booster Juice Rec Centre in Terwillegar

JOIN VIRTUALLY: Email or call my office at mike.elliott@edmonton.ca or 780.496.8130 for information on how to join virtually

RSVP: No RSVP needed, everyone welcome!

If you have any questions about how to join the meeting, please reach out to my office at mike.elliott@edmonton.ca or 780 496 8130



mike ELLIOTT
Your Ward pihēsiwin Councillor

Building Alberta's future within a united Canada

A united Canada offers the strongest path to economic growth, opportunity and prosperity for Alberta.

By Matt Jeneroux, MP, Edmonton-Riverbend

Recently, my office has received a number of messages expressing thoughts and concerns about Alberta's future. Like many Albertans, I understand the frustration that has built up over the years and the strong desire to see our province treated fairly and with respect.

We are a province of farmers, tradespeople, innovators, and leaders who have come together through good times and very difficult times to build our nation's economy and identity. Our history, our sacrifices and our future are closely tied together. Alberta's place in our national fabric is integral to Canada's identity, as is every province, city and community across the country. Together, we are part of a united Canada — strong enough to face challenges together and committed to working for one another.

We are finally seeing meaningful progress, with strengthened collaboration between Alberta

and the federal government to advance priorities that matter to our province, including energy development, infrastructure investment and improved access to global markets. This work supports the expansion of export capacity and opens new opportunities for Alberta's energy sector, which remains a cornerstone of both our provincial and national economy. Recent efforts have also focused on improving regulatory efficiency for major projects, while encouraging investment in responsible energy development, innovation and technologies such as carbon capture and storage. These steps are helping to reinforce Alberta's role as a key driver of Canada's economic growth and energy security.

There is still work ahead, but as Albertans, we will — as we always have — continue to stand together. By continuing to advocate strongly for our interests, we can build an even stronger



MP Matt Jeneroux with Prime Minister Mark Carney. This month's column discusses Alberta's future within a united Canada.

Canada.

Going forward, I welcome your feedback as we continue working to strengthen Alberta's and Canada's economic prosperity.

HOME Care
Physical Therapy



Physical Therapy for Seniors in the Comfort of Their Own Home

Serving Edmonton & Area

- Mobility & Independence
- Post Surgical Recovery
- Strength & Flexibility
- Condition Specific Care
- Lifestyle Support
- Wellness Programs

Scan Me!




Michael Wadowski
Physical Therapist, MscPT

info@homecarephysicaltherapy.ca
780-919-0038
homecarephysicaltherapy.ca

Tissot Watches

Swiss-made precision, refined design and exceptional value. The perfect watch for any occasion.



Forest of Jewels

428 Riverbend Square
780-438-3682
www.forestofjewels.com

Diamonds – Repairs – Custom Designs – Appraisals – Fine Jewellery and Gemstones
Korite – Keith Jack – Crown Ring – Noam Carver – Swarovski – Tissot Watches

Follow Us on Facebook & Instagram!

Hours: Monday to Friday 10-6, Saturdays 10-5, Closed Sundays and Holidays



Edmonton Public Schools Board of Trustees

Trustee | Ward F
Julie Kusiek

PHONE
780-429-8087

EMAIL
trustee.julie.kusiek@epsb.ca

Sign up for my Ward F Newsletter
<https://linktr.ee/JulieKusiek>

780 HoneyDo

Or Call: (587) 991-5511

Check out our fees at:
www.MyHoneyDoList.ca



Give Us Your "HoneyDo" List

~ We'll Get It Done! ~




2017



**SALLY
MUNRO**

780.441.5457

SallyMunro.com

Follow me on:



WE'VE GOT
Sunshine

and Backyard Vibes
On our Mind!

Your New Summer Oasis Awaits!



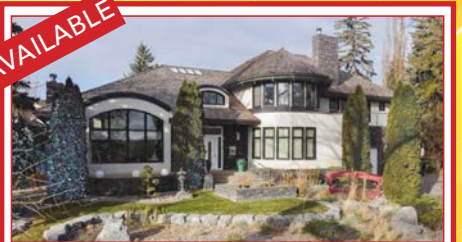
AVAILABLE

Windermere Ridge \$5,200,000
The Hendriks Estate, a rare gated estate in Keswick on the River. Over 7,200 sqft living. ML# E4463017



AVAILABLE

Glenora \$3,950,000
Prestigious Old Glenora. Over 5,000sqft of living space with a Nanny Suite! ML# E4478304



AVAILABLE

Glenora \$3,200,000
A rare find in Old Glenora with panoramic river and valley views. 7,567sqft. A must see! ML#E4479566



AVAILABLE

West Point Estates \$2,998,000
Lakeside luxury on 2 Acres. Custom walk out bungalow. 4296 sq ft. 5 Bed, 5 bath. ML# E4468489



AVAILABLE

Twin Brooks \$2,798,000
Brookhollow on the Ravine. 6 bed, 5 bath, 4 car garage. 11,245 Sq Ft of luxury Estate. ML# E4480008



AVAILABLE

Windermere Ridge Estates \$2,199,000
Over 28,000 sq ft lot (.66 of an acre.) Backs onto North Saskatchewan River ML# E4487731



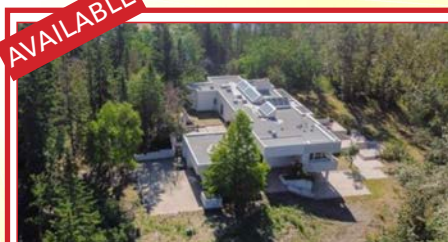
AVAILABLE

Windsor Park \$1,980,000
Spectacular River Property! 7 bed, 8 bath. 5279 sqft of spacious living. Stunning river views ML# E4470343



AVAILABLE

The Sky Villa at The Pearl \$1,950,000
Furnished New York-style, 2-storey sub-penthouse. Breathtaking views. 3bed, 2 bath ML# E4484667



AVAILABLE

Rural Parkland County \$1,890,000
On the North Sask. River. 4.87 7acres. 5570 sqft, 4 Bed, 4 Bath. Indoor pool. Must See! ML# E4479606



AVAILABLE

WinterRidge Estates \$1,850,000
4.1 acres backing onto environmental reserve. 5,900sqft of prestigious living space ML# E4478263

Learn the
VALUE of
your Home!

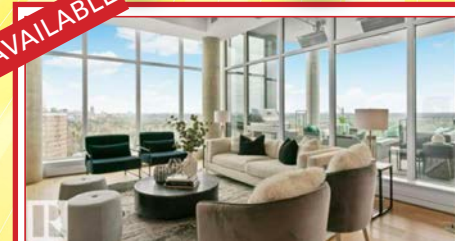
Buying or Selling

Call Sally Today
For a Consultation
780.441.5457



AVAILABLE

Chappelle \$1,848,000
Custom Built estate on 2 acres. 4985 sq ft, 5 bed. Incredible investment opportunity. ML#E4483474



AVAILABLE

West Block Glenora \$1,699,000
Sub Penthouse. Stunning views with over 2000 sqft of luxury living. ML#E4488168



AVAILABLE

Belgravia \$1,398,000
The Hammock House in Belgravia. 3yr old masterpiece of Norwegian-inspired design! ML#E4463205



AVAILABLE

Jasper Properties Penthouse \$850,000
1,705.75 sq ft of refined living space. 2 bed, 2 bath. Stunning views! ML#E4489260



SOLD

Webber Greens



SOLD

Brookside



SOLD

MacTaggart



SOLD

Twin Brooks

CENTURY 21
Masters

SMARTER. BOLDER. FASTER.®

Visit **SallyMunro.com**
FOR MORE FINE HOMES & ESTATES



Grand
Centurion